

Tools for OT practice: Integrating hidden occupations in assessment and intervention planning

Rationale: Occupational justice aims to enable human beings to live in a just society and meet basic needs through participation in diverse and meaningful occupations. To achieve occupational justice, a person must have a choice and derive meaning from their participation in occupations. Often, determining if any individual has achieved occupational justice is dependent upon the societal expectations placed on the person. Many occupations that society perceives as health-compromising, risky, dishonest, illicit, and socially or personally undesirable provide meaning, function, or serve as an essential part of daily routines for entire individuals, groups, and communities. These doings are collectively termed as “hidden” or “non-sanctioned” occupations, which will be featured and explored in this workshop.

Objectives: This pre-congress workshop aims to:

- Discuss the relationship between injustice experiences and engagement in hidden occupations through the narratives of individuals from three underrepresented groups;
- Demonstrate the use of the Occupational Justice Health Questionnaire (OJHQ) and the Activity Card Sort-Advancing Inclusive Participation (ACS-AIP);
- Reflect on how these tools can be used in their own occupational therapy practice.