

2018 GRANTS PROGRAMME RECIPIENT



Nighat Tahir



Nighat was a recipient of the Grants Programme for the 2018 WFOT Congress in Cape Town, South Africa.

Through her experience attending the Congress, Nighat was able to meet other occupational therapists to discuss her area of research, sensory motor facilitation and gather insight on how other therapists work globally. Nighat works as a Senior Lecturer at the Sindh Institute of Physical Medicine and Rehabilitation in Karachi, Pakistan.

Nighat's journey with the WFOT Congress has come full circle as she will attend WFOT 2022 as the Acting Delegate for Pakistan.

Sharing views and experiences, meeting people with different school of thoughts, all caused expansion of knowledge.

I got an opportunity to meet many other observers from different countries and to discuss the curriculum of a master's programme that we were about to start.

From workshops I attended, I found answers and solutions to queries which I had in mind. Examples and explanations given were very supportive.

