



**Advocating for occupational well-being and occupational justice for patients in a forensic psychiatric setting through a graded pre-vocational skills programme**

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# The Prevocational Skills Programme in Context

- Referral Psychiatric Hospital specialising in acute involuntary mental health and Forensic Psychiatry
- Ward Multi disciplinary Team (MDT) programme is limited
  - Idleness, boredom, occupational imbalance and occupational alienation
  - Adverse events and risk taking behaviour
  - Institutionalisation
- High number of Forensic Mental Health Care Users (FMHCUs )relapsing within projects.

# The Prevocational Skills Programme in Context

- Based on Vona Du Toit's Model of Creative Ability and Kielhofner's Model of Human Occupation.
- Graded and divided
  - Aims
  - Supervision
  - Responsibilities
  - Complexity
- The Activity Participation Outcome Measure (APOM) is used to track changes as the FMHCUs progress through the programme.

# Why a Prevocational Programme?

- Meaning of work
- Benefits of employment (Van Niekerk, 2005)
- MHCUs are often excluded from employment
  - Functional difficulties
  - Stigma
- Skill development along with intervention in the domains of social, work, Activities of daily living (ADL's) and Instrumental activities of daily living ( IADLs)

# Overview of the Prevocational programme

**WARD  
PROJECTS**

**INDUSTRIAL  
THERAPY (IT)  
WORKSHOP**

**IT  
SHOP**

**TUCK SHOP**

Low socio-economic area  
Primary school  
Unemployed



Admitted as a state patient

Ward catering for  
Moderately  
Intellectually  
Impaired MHCUs

30 day observation  
period  
Found not fit and  
not responsible



Activities unhealthy  
Impaired ADLs and  
IADLs  
Reserved with poor  
basic social skills

# Ward Projects

Initially compiled by: C. Brooke and M. Jacklin

Revised by: N. Erasmus and N. Rautenbach

Area of participation	Expectation	Types of activities
Type of action	Explorative ( Therapist directed)	Baking Gardening Mobile shops Recycling  ( Du Toit,2004)
Task concept	Unconsolidated	
Amount of steps	1-3	
Supervision needed	Maximum	
Organization of environment	Needs maximum assistance	
Use of tools	Explorative handling of tools	







# Industrial Therapy Workshop

Initially compiled by: C. Brooke and M. Jacklin

Revised by: N. Erasmus and N. Rautenbach

Area of Participation	Expectation	Types of activities
Type of action	Explorative (Patient directed)	Gardening Shoe Repair Paper craft Car wash Woodwork Sewing Beading Bag making Soap making Hair salon Refreshments
Task concept	Developing	
Amount of steps	3-5	
Supervision needed	Moderate	
Organization of environment	Moderate to minimal assistance	
Use of tools	Explorative	
	More appropriate	



# Industrial Therapy Shop

Initially compiled by: C. Brooke and M. Jacklin

Revised by: N. Erasmus and N. Rautenbach

Area of Participation	Expectation	Types of activities
Type of action	Experimental	Library Book shop Second hand store
Task concept	Becomes fully consolidated	
Amount of steps	5-7	
Supervision needed	Minimal	
Organization of environment	Needs minimal assistance	
Use of tools	Handling of tools mostly appropriate	( Du Toit,2004)





# Tuck shop

Initially compiled by: C. Brooke and M. Jacklin

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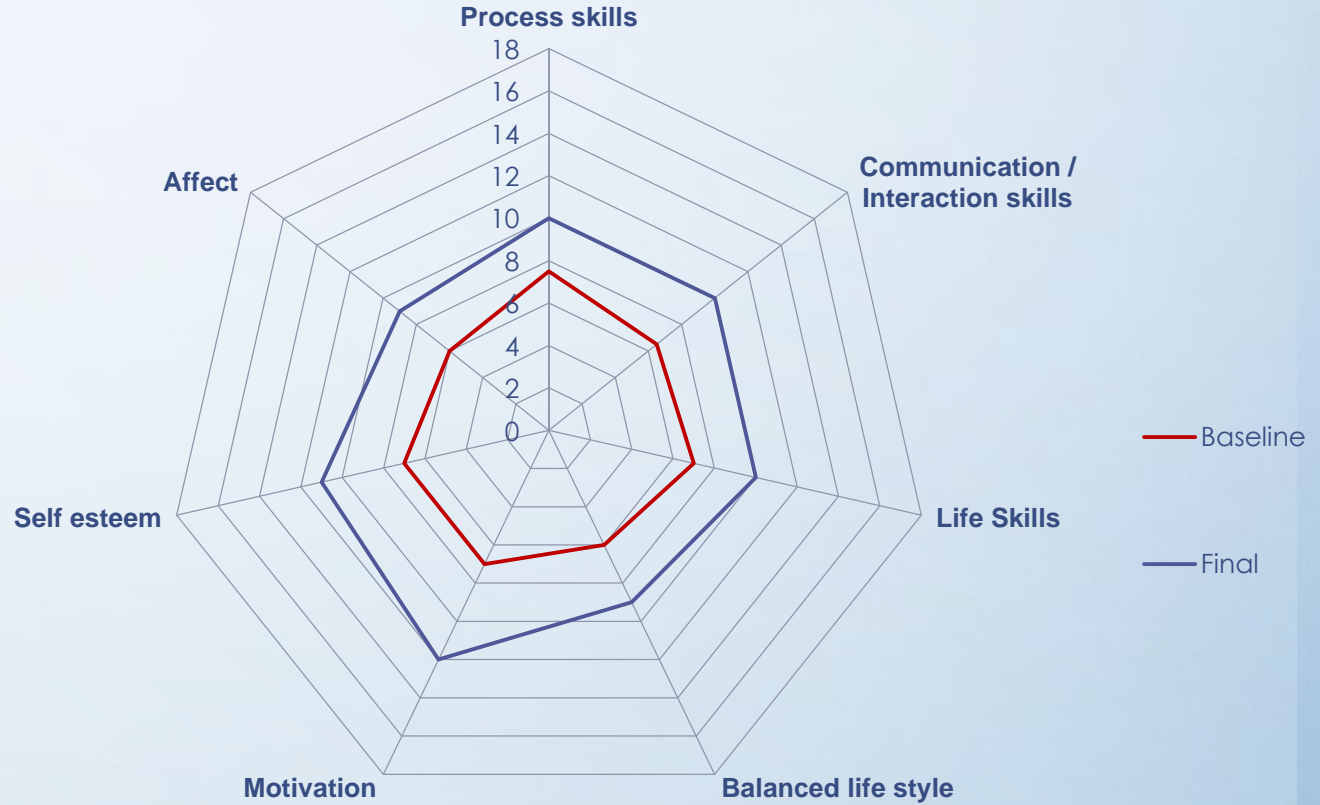
Area of Participation	Expectation	Types of activities
<b>Type of action</b>	Experimental Imitative	Working the cash register Recording sales Working in the kitchen Preparing food Stock taking
<b>Task concept</b>	Consolidated	
<b>Amount of steps</b>	More than 7 steps	
<b>Supervision needed</b>	Minimal to none	
<b>Organization of environment</b>	Needs minimal to no assistance	
<b>Use of tools</b>	Handling of tools appropriate	

# Grading between levels

Ward projects	IT Workshop	IT Shop	Tuck shop
Follows instructions (Max Support)	Follows instructions (Mod support)	Follows instructions (Min support)	Follows instructions independently
Work habits modelled of group leader	Work habits	Coping and conflict management skills	Stress management skills
Sustain activity participation for entire session	Work endurance (4 hour work day)	Work endurance (5 hour work day)	Work endurance (7 hour work day)
Basic money handling	Complexity of calculations	Record keeping	Record Keeping
Basic social skills	Social presentation	Higher order social skills	Higher order social skills
Basic hygiene	Personal presentation	Refined forms of self-care	Personal management



# APOM



# Successes to date

- Tracking improvement
- Caters for a variety of MHCUs
- Forms an integral part of MDT intervention
- Sustained Employment
  - Graded nature of the programme
  - Improve or maintain functioning
- Meaning, purpose and identity

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