



RUSH UNIVERSITY

RUSH MEDICAL COLLEGE • COLLEGE OF NURSING • COLLEGE OF HEALTH SCIENCES • THE GRADUATE COLLEGE

Community Participation in Young Adults with Intellectual and Developmental Disability

Molly Bathje, PhD, OTR/L

World Federation of Occupational Therapists Congress

May 24, 2018

Objectives

- Describe existing conceptual models of community participation
- Describe the value and role of occupation in promoting community participation
- Describe a model of community participation for young adults with intellectual and developmental disability (IDD)
- Identify applications of the new model of community participation

Background

Adults with IDD are:

- Residing in communities at highest historical numbers
- More socially isolated
- Less engaged in communities than peers with and without disabilities
- Deprived of the health and social benefits of participation

Minimal focus on young adults with IDD

- Participation is impacted by environmental and individual factors
- Success is determined by individual's feelings of competence and belonging

Literature Review

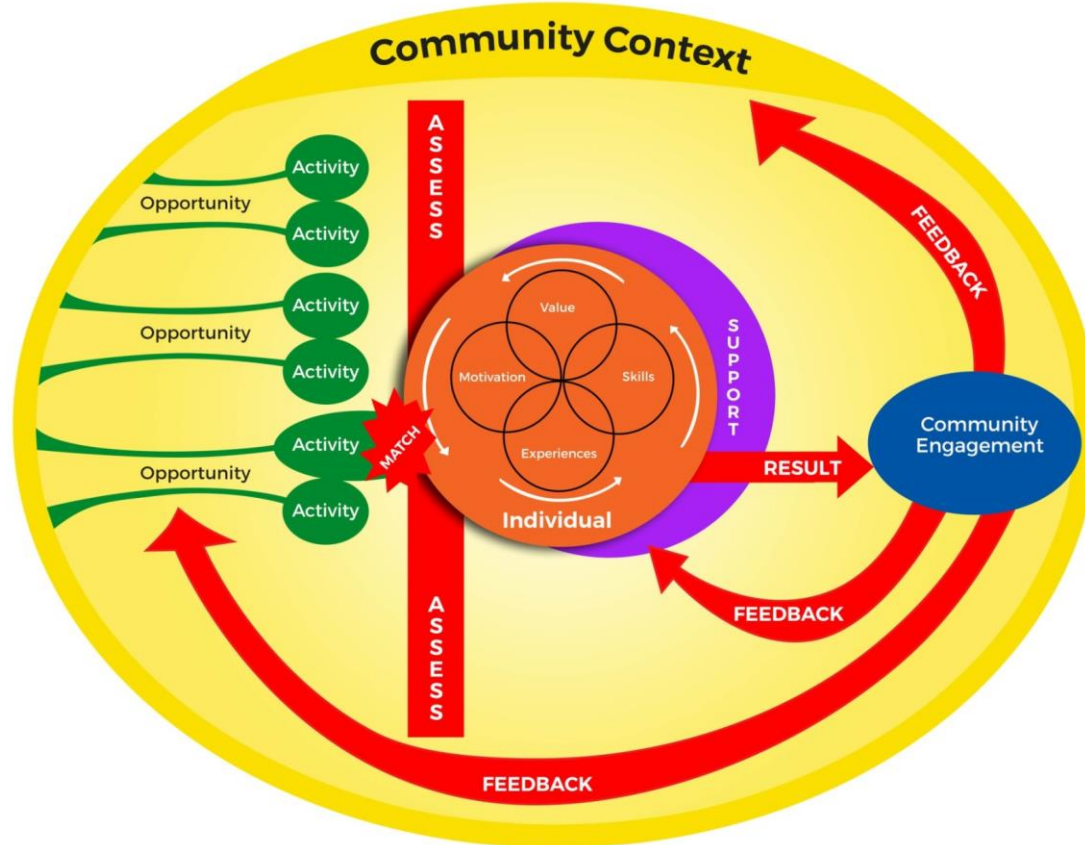
- Presence of an integrating activity
- Doing Activity/Initiating Involvement

Qualitative Study

- Presence of an activity
 - P2: Participates in his family community by “doing like chores around the house.”
 - P3: Involved with her community of friends by stating that they “see movies or go to lunch or going to a movie” together.

(Craig & Bigby, 2015; Mahoney, Roberts, Bryze, & Kent, 2016)

Conceptual Model



Implications for Practice

- Community participation included in treatment planning
- Advocate for decreasing barriers and increasing opportunities in the context
- Focus on occupational engagement to increase self-perception of community participation
 - Support self assessment and skill development as needed

Acknowledgments

Western Michigan University

- Interdisciplinary Health Sciences PhD Program
- Dissertation Committee Members
 - Nickola Nelson, PhD, CCC, SLP
 - Ben Atchison, PhD, OTR/L, FAOTA
 - Kristine Haertl PhD, OTR/L, FAOTA

Rush University Occupational Therapy Students:

Laura Cuttone, OTR/L; Michelle Martin, OTR/L; Madeline Minogue, OTR/L;
Kathleen McGahon, OTR/L