



Needs and Preferences of Community-dwelling Slovenian Older People

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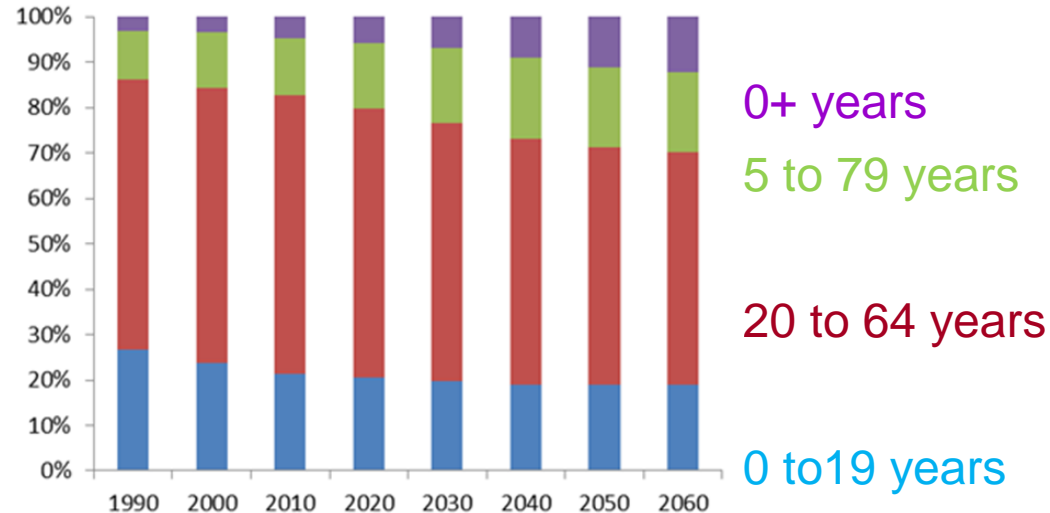


Introduction



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- The Eurostat Dissemination Database estimates that by the end of 2020, 23.7% of the Slovenian population will be 65 years or older.



Objectives

- The aim of our study was:
 - To better understand the current needs and the nature of assistance provided with ADL, IADL.
 - To know how older people assessed their independence in ADL, IADL.
 - To know who they wanted as their caregivers.



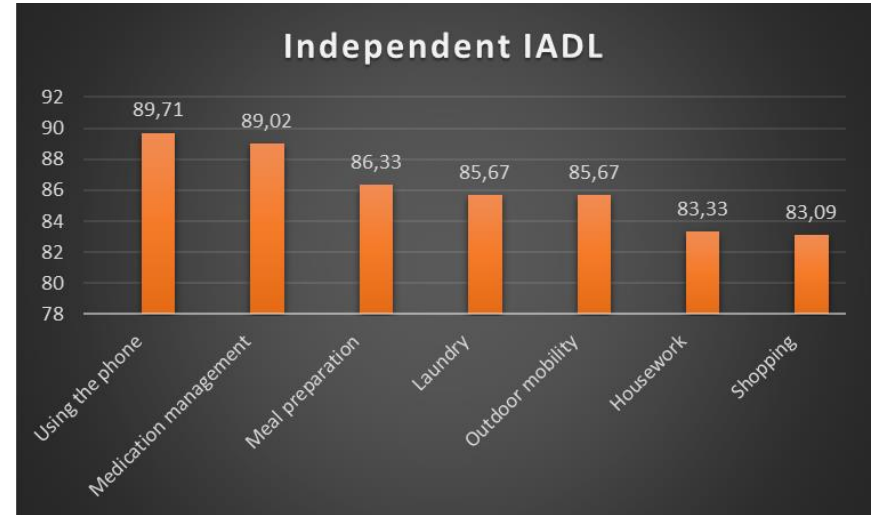
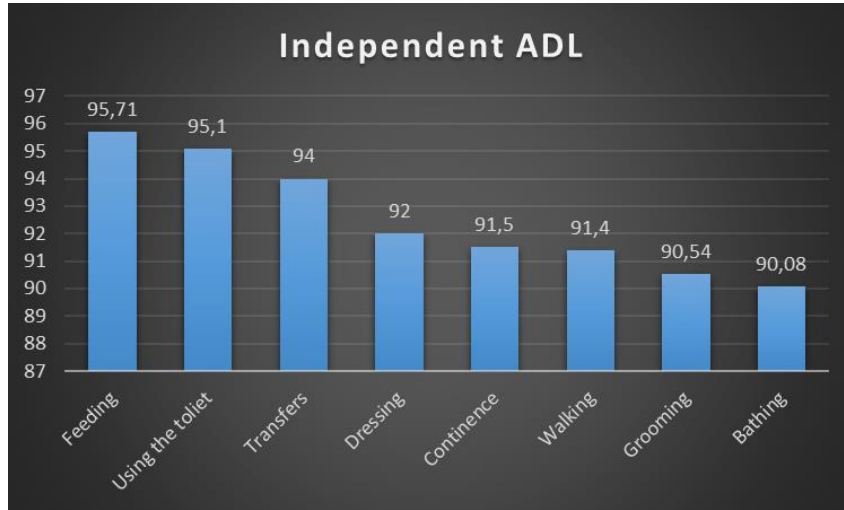
Methods

- Cross-sectional study.
- Community-dwelling adults over the age of 65.
- The questionnaire was presented to 635 people (358 agreed to participate voluntarily).

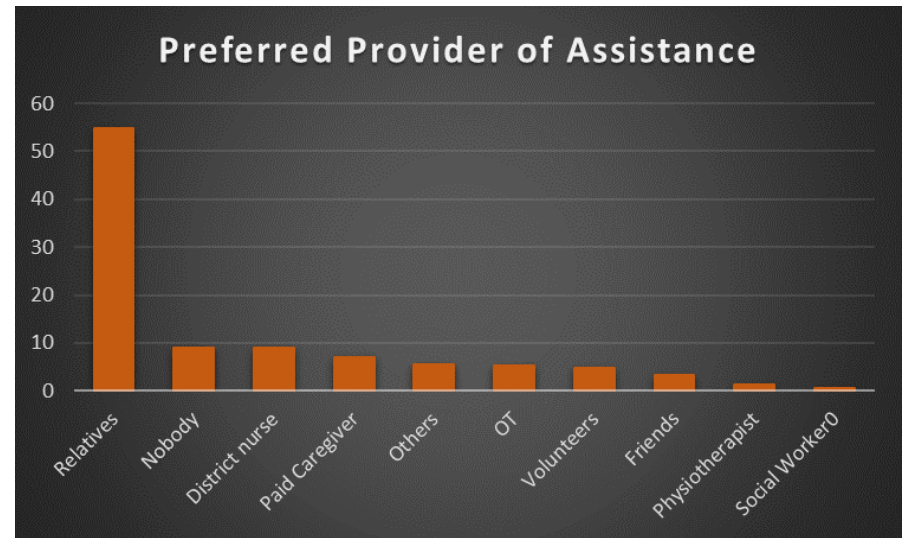
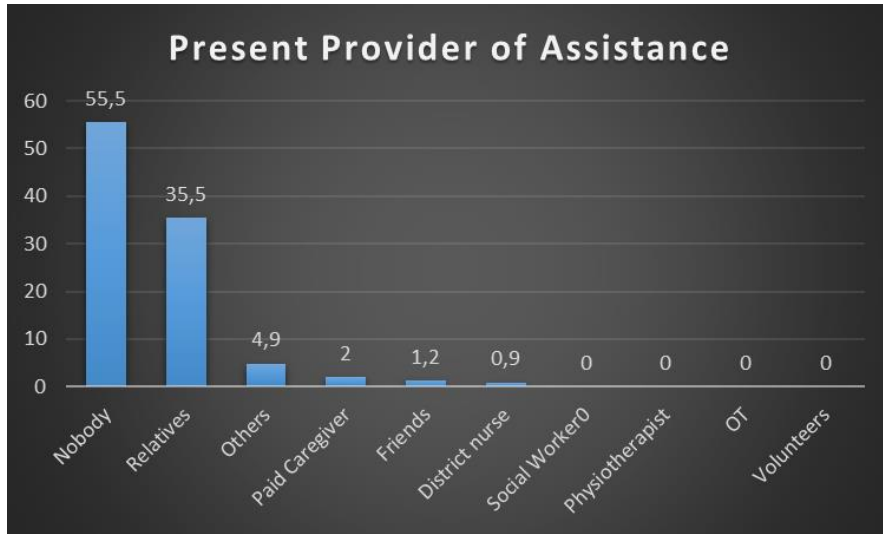
- The questionnaire consisted of:
 - demographic characteristics;
 - the level of independence in performing ADLs, IADLs;
 - the assistance received with everyday activities.



Results



Results



Conclusion

- Community-dwelling older Slovenians are more independent in their basic activities of daily living compared to instrumental activities of daily living (toilet, feeding).
- The majority of our participants did not use assistance for everyday activities.
- Those who had assistance used predominantly unpaid helpers, mostly their family members.





Thank you

Hvala

