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**Thinking (and acting)
outside of the box:
Advancing
Occupational
Therapy
as emerging practice**

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Presented by Celesté Taylor and Dr. Lizahn Cloete

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Learning Outcomes

- Explore the role of OT for facilitating greater public good in populations or at population level.
- Critically appraise the unique focus of OT practice within a private-public mix.
- Explore an occupational determinant approach as prerequisite for establishing innovative(out of the box), responsible and appropriate OT services.

Outline

- 1 The Philosophy of Occupational Therapy
- 2 Our changing health context
- 3 Out of the box thinking
- 4 Case Study Examples from CTOTS
- 5 Exploring opportunities (eclectic approach and business skill)

OT and our changing health context

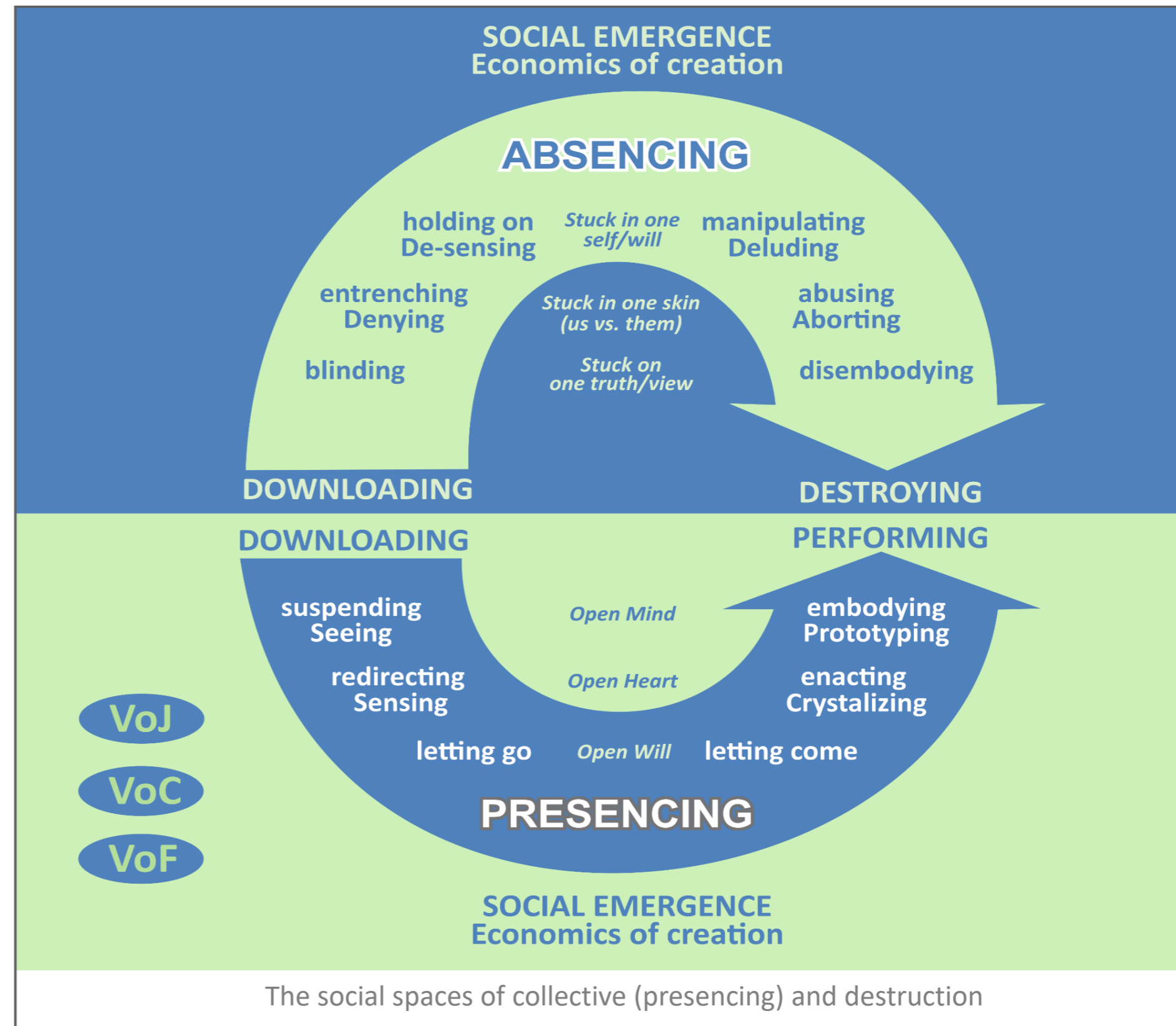
Philosophy of Occupational Therapy

- ▶ Meaningful occupation
- ▶ Occupation based
- ▶ Relevant and appropriate

Changing Health Context

- ▶ Medical model to social model
- ▶ Curative to preventative approach
- ▶ Implementation of NHI
- ▶ Private healthcare (Self) vs Government-funded healthcare (Public)

Method:
 Out of the
 box thinking
 Theory U:
 (Senge et al.,
 2005)



Method

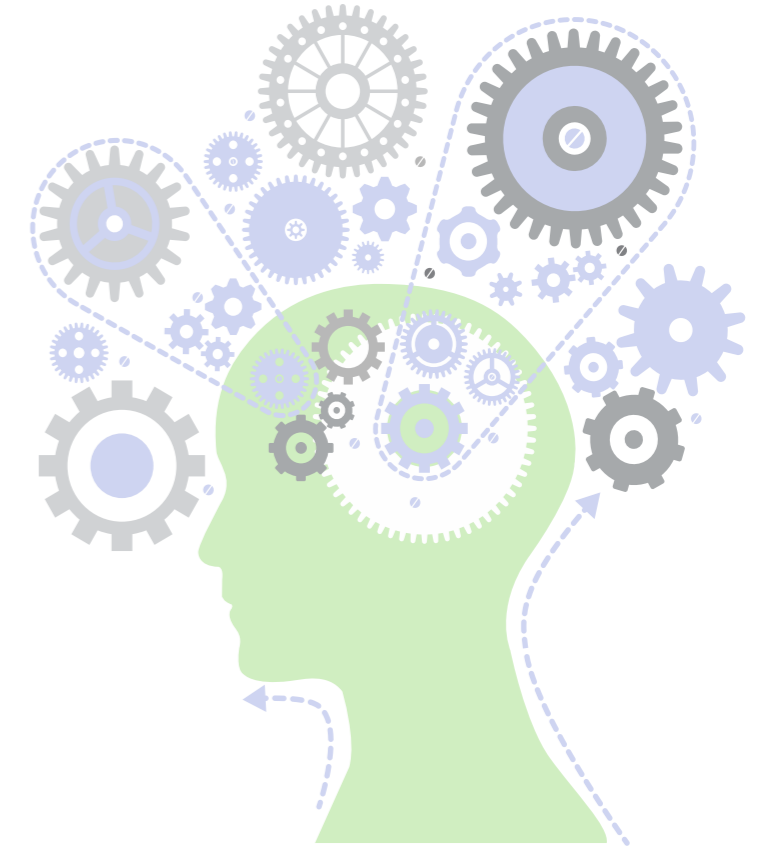
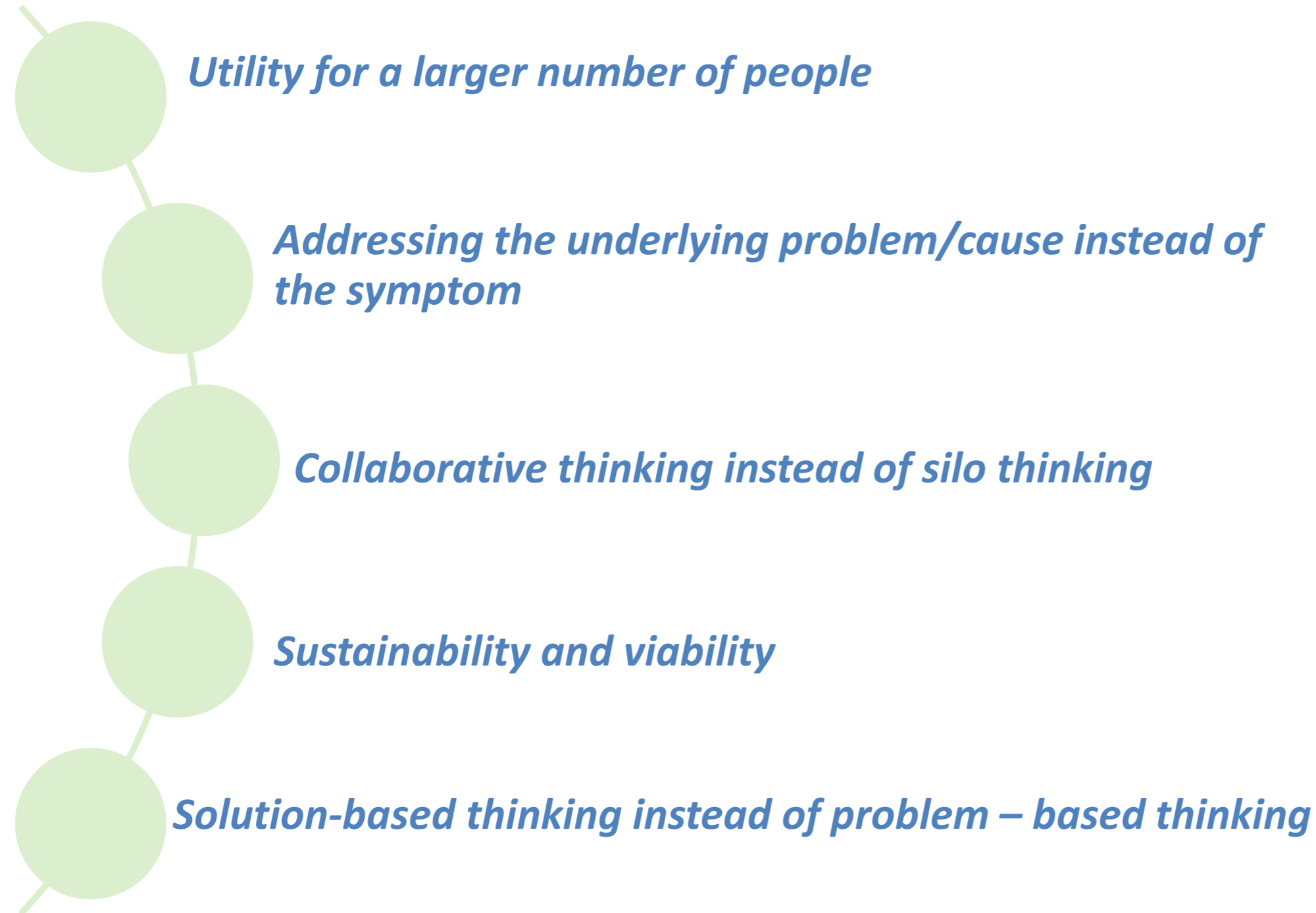
Data Collection:

- 3 Peer Interviews (90 minutes each)
- 2 Case Discussions, 90 minutes each (1 Individual, 1 Project)
- Document and Practice Review
- Analysis

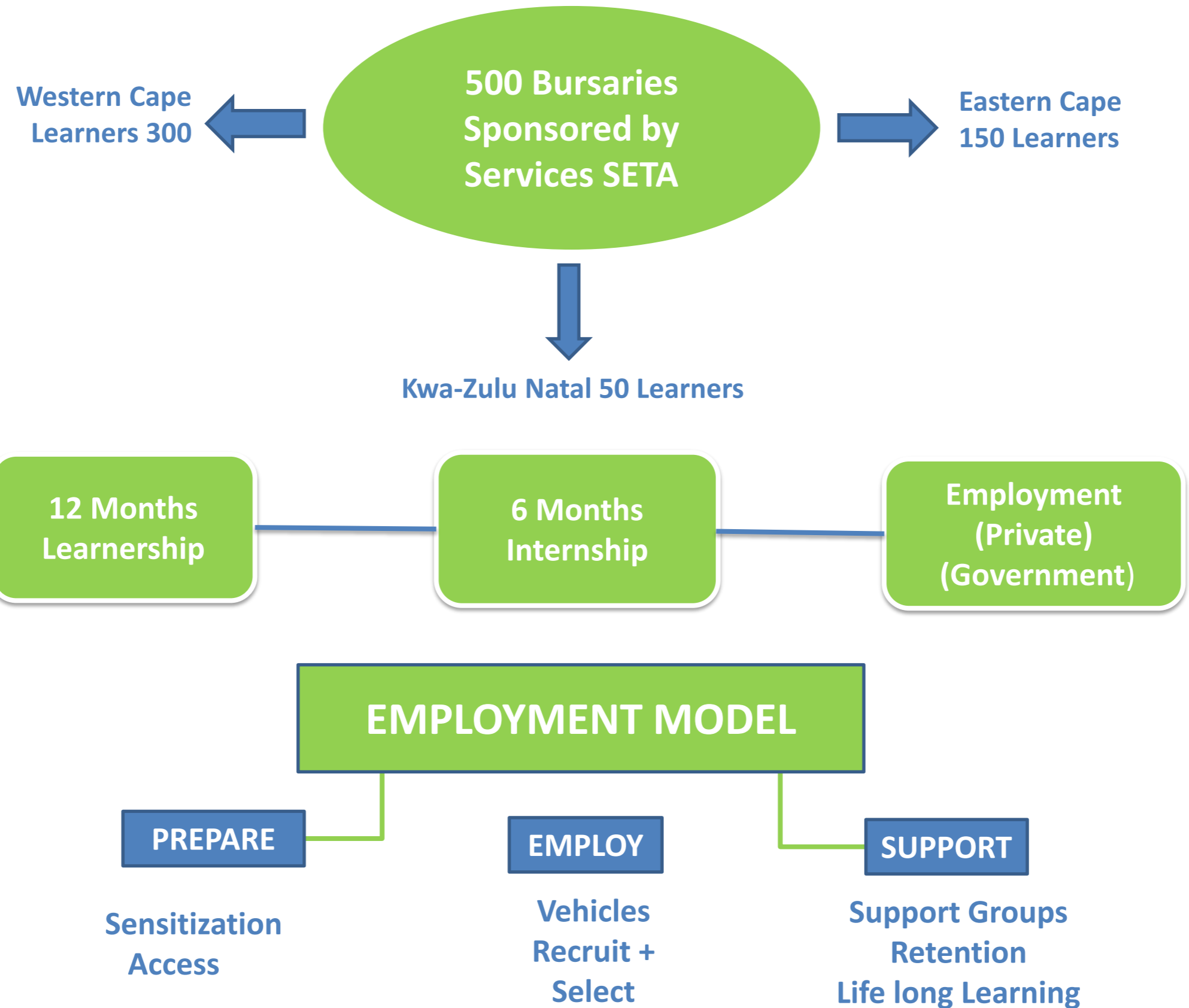
PRINCIPLES OF PRESENCING

Energy follows attention
Follow the three movements of the U
Go to the edges of the self
Pass through the eye of the needle
Transform the three enemies
Always start by “attending to the crack”
Space for transform: from debate to dialogue
Strengthen the sources of presencing

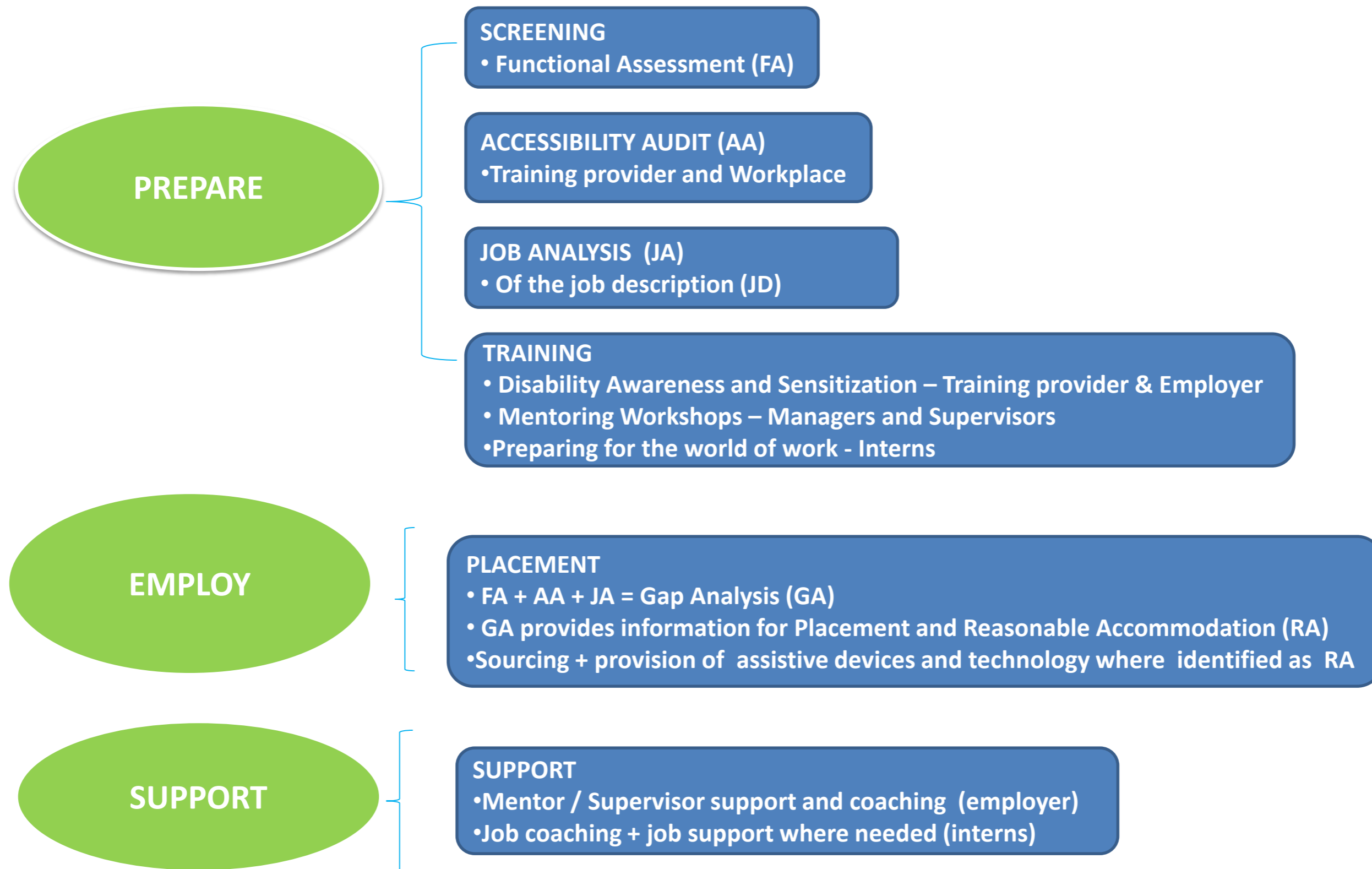
Findings: Out of the box thinking



PROJECT DISABILITY 500



THE OCCUPATIONAL THERAPIST'S ROLE



Applying thinking outside of the box – an example

Features of thinking out of the box:



Applying thinking outside of the box – an example (cont.)

Features of thinking out of the box (cont.):

4

Sustainability and viability: working ourselves out of a job (training others in relevant skills within departments) e.g. “Because of our experience, I feel that we should raise the awareness level about disability to our peers and colleagues in Government.”

- ▶ But also creating new job opportunities e.g. Disability consultants providing accessibility audits, job coaching and support, workshops and training (disability awareness and sensitization training)

5

Solution-based thinking instead of problem –based thinking: Enforcement of legislation for persons with disabilities (DOH – Disability policy, Reasonable Accommodation Implementation, Collaboration with transport service providers) ; Monitoring, evaluation and revision of policy

6

Having more than one option as a solution/ having a variety of solutions: Public Transport / Dial-a-Ride/ MyCiti / MetroRail / Uber or Taxify; Collaboration with Employee Wellness Division within HR

Exploring opportunities

Accessibility Audits

- ▶ Boston City Campus
(in association with Epilepsy SA)
- ▶ Shoprite Checkers
(in association with Epilepsy SA)
- ▶ Department of Health,
Department of Transport,
Department of Agriculture,
Department of Economic
Development & Tourism
(in association with Extrinsic cc)

Disability Awareness & Sensitization Training

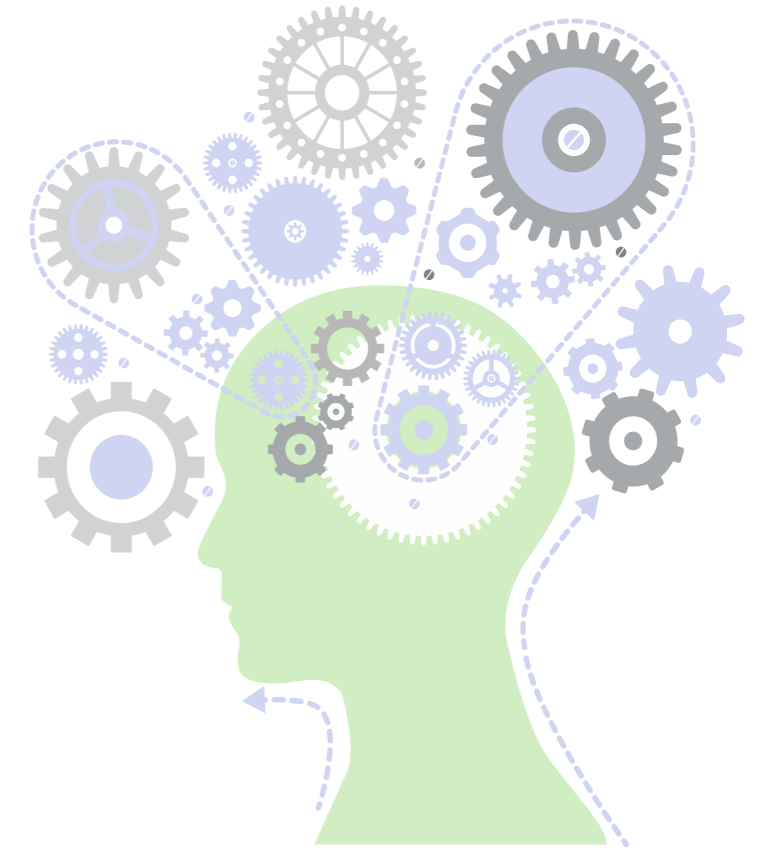
- ▶ Shoprite Checkers
(in association with Epilepsy SA)
- ▶ Siyaya Skills Institute
(in association with Extrinsic cc)
- ▶ Project Disability 500
Employers – Private
Employers – Government
(in association with Extrinsic cc)

Back Care Workshops

- ▶ Reeds Motor Group, Market
Toyota, Propagating Plants
(in association with 24th Edition)
- ▶ Coca Cola,
Afrox,
BP
(in assoc with CS Body Health)

Discussion

- The person is a meaning-seeking being*
- Health is linked to occupation*
- My OT Practice philosophy – making a positive difference; making an impact*
- Enabling participation in meaningful occupation through collaboration and partnerships*
- Events can provide impetus and opportunities where gaps exist – but OT has to be able to identify the gap as opportunity*

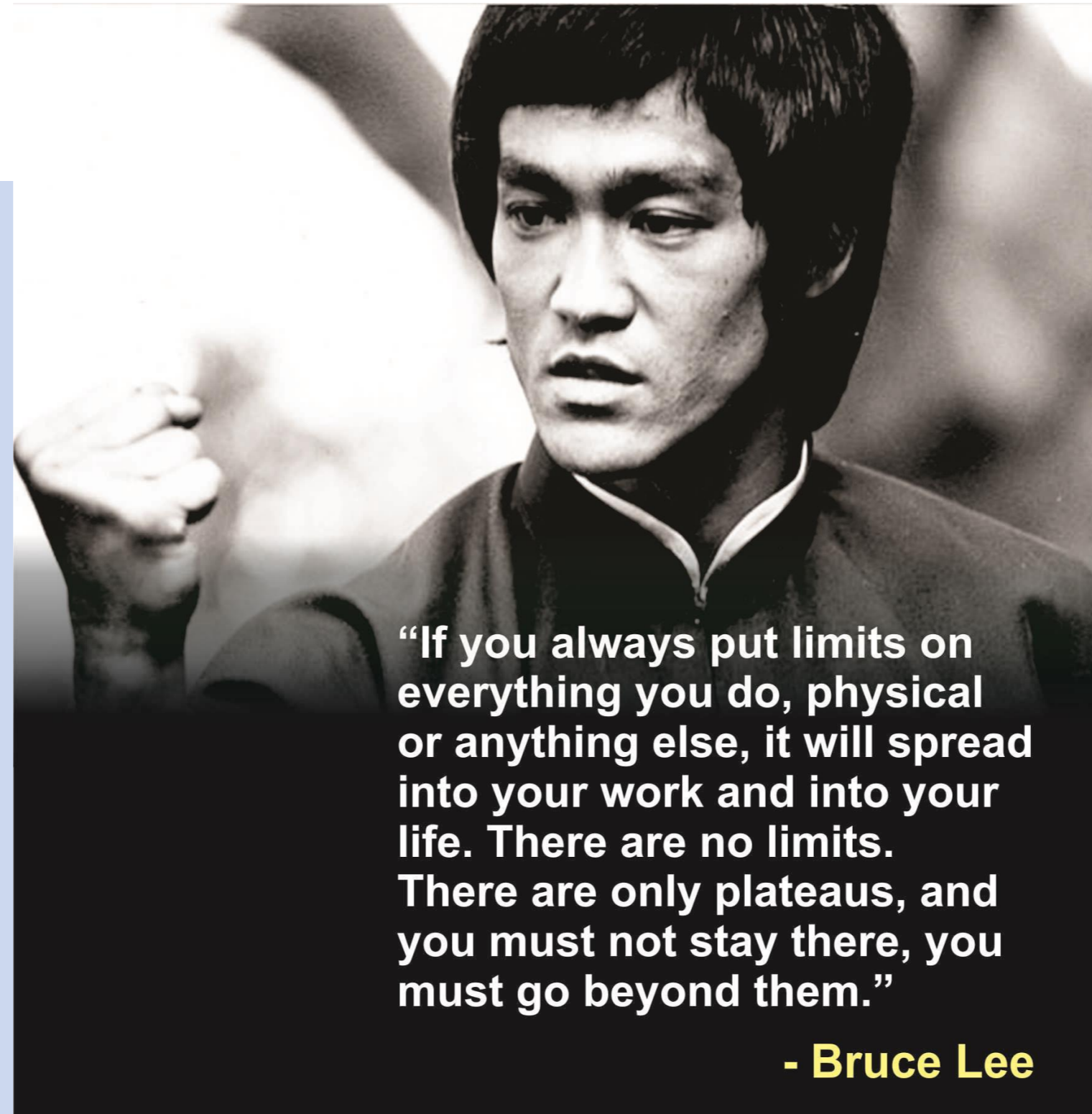


Discussion

- Emerging context (HR as an example)*
- Policy development e.g. disability employment policy for companies and government departments*
- New work centres e.g. employment support services; job coaching in the workplace*
- Training companies e.g. disability awareness and sensitization; disability consulting; access audits, etc.*
- It's about stepping into a space where you re-imagine what's possible when you apply your skills in a different way.*

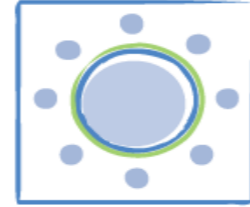


In Closing



“If you always put limits on everything you do, physical or anything else, it will spread into your work and into your life. There are no limits. There are only plateaus, and you must not stay there, you must go beyond them.”

- Bruce Lee



Celesté Taylor
Occupational Therapy Services

Lizahn Cloete (PhD-OT)

*Senior Dosent
Senior Lecturer*



Occupational Therapy | Arbeidsterapie
Faculty of Medicine and Health Sciences
Fakulteit Geneeskunde en Gesondheidswetenskappe
Universiteit Stellenbosch University
PO Box | Posbus 241, Cape Town | Kaapstad, 8000
Francie van Zijl Drive | -rylaan, Tygerberg, 7505
South Africa | Suid-Afrika



Tel: +27 21 938 9308/938 9308
e-pos/E-mail: lizahn@sun.ac.za

THANK YOU!