Trauma, Sensory Processing, and the Impact of Occupational Therapy

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Outline of Main Points

- **1. Problem and Questions**
- 2. Research Design
- 3. Results
 - a) Retrospective chart reviewb) Survey
- 4. Discussion and Implications
- 5. Conclusions

<u>Problem</u>

Acts of violence (AOV)
Lack of evidence

Retrospective Chart Review:

- Adverse Childhood Experience (ACE)
- Adolescent/Adult Sensory Profile (AASP)

Prospective Staff Survey:

 Perceptions of impact on skills and behaviors What is the correlation between:
(a) trauma and sensory processing disorders;

(b) number of AOV among individuals who received occupational therapy and number of AOV among individuals who did not;

(c) sensory-based occupational therapy minutes and number of AOV committed within the facility

2. What are the perceptions of the facility's staff regarding the impact of occupational therapy on youth behavior and skill development?

Results: Trauma & Sensory Processing

N=57 males, 14 to 20 years of age

Relationship of Trau in Juvenile Offender	•	rocessing	6-
Relationship	r	p	5-
Correlation of ACE and			Sensory Score
Low Registration	0.133	0.323	-5 dbnormal Sei
Sensory Seeking	0.136	0.313	uq 2-
Sensory Sensitivity	-0.132	0.326	1-
Sensory Avoiding	0.058	0.667	0-

Relationship of Trauma and Sensory Processing



Note. $\alpha = .05$

Table 1

Results: Acts of Violence

AOV Per Capita of OT vs non OT Youth



Relationship of OT Minutes and AOV



 α =.05 t(138)= 0.121, p= 0.904 Distribution of acts of violence: X^{2} (7)= 0.2677, p= 0.999

 $R^{2} \text{ Linear} = 0.003$ $y= 6.29 - 3.08 \times 10^{4} \times$ Data did not follow a linear trend

Results: Survey

N= 18 respondents12 teachers and 6 case managersAverage 67.4 months working at facility



Perceptions of Skill Development for Youth



Discussion & Implications

- Consistent with findings of Connell (2015) and Kaiser et al. (2010), but inconsistent with prior correlational evidence
- Limitations: design, sample size, restricted data, assessment tools
- Continued research is needed

72% of youth exhibited abnormal sensory systems 91.2% of youth had an ACE Score >3, as compared to 14% in the general population Sensory-based occupational therapy is beneficial: clinical significance despite statistical insignificance

Conclusions

- Difficult research due to ethical concerns
- Valuable intervention
- Further implementation
- Follow-up study