

Emerging factors influencing motor skill development among preschool learners in the West Coast of South Africa

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(In collaboration with 4th year OT students research)

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Prevalence Study: sample

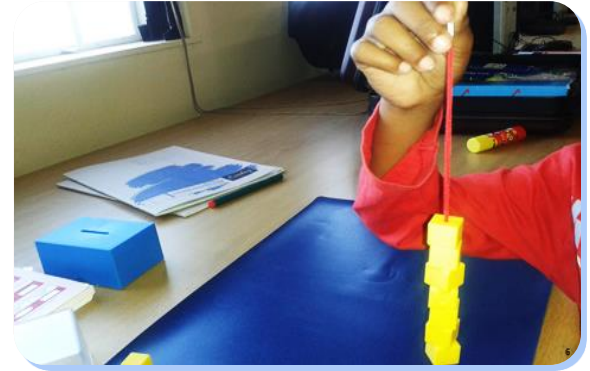
Grade R pupils
Government Schools
Mainstream schools
Age 5 – 7
Multistage Cluster Sampling
according to:
– Education District
– Location (urban main place;
urban area; rural area)
– Fee vs no-fee

Exclusion criteria:

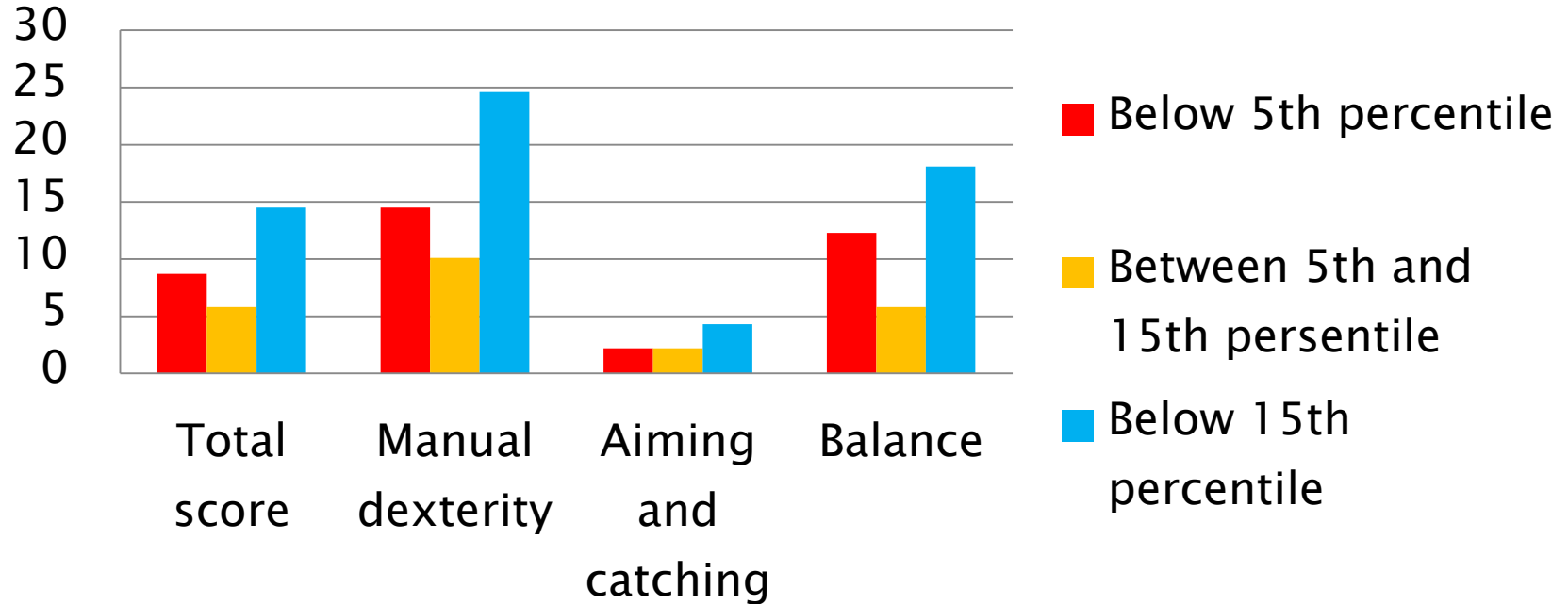
- Neurological conditions e.g. cerebral palsy
- Physical disabilities
- Physical injuries

Instrument: Movement Assessment Battery for Children (M-ABC2)

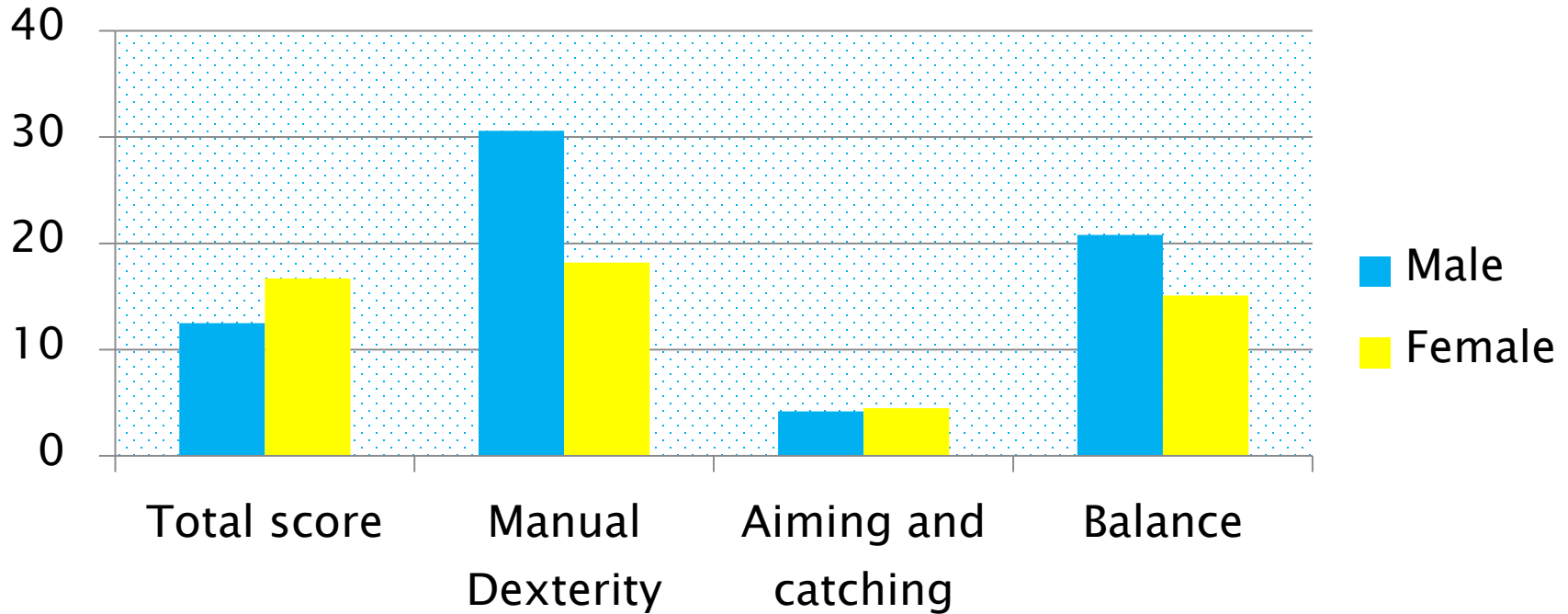
- ▶ Age Bands (4 – 6)
- ▶ Categories : Manual dexterity
Aiming & Catching
Balance
- ▶ Percentiles: < 5th
5 – 15th
> 15th



RESULTS: Prevalence data

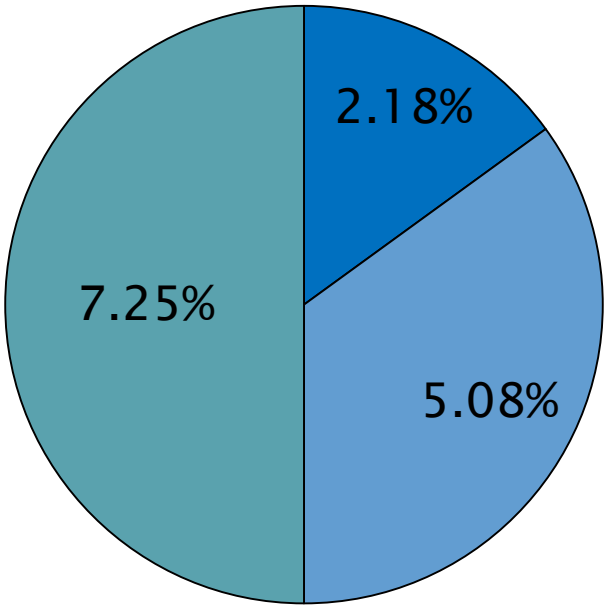


Results: Gender (below 15th %)



Playgrounds (below 15th %)

Total impairment scores (14.5%)



- Extensive Playground
- Limited apparatus
- No apparatus

Manual Dexterity (24.6%)

Category	Percentage
Extensive Playground	2.16%
Limited apparatus	12.3%
No apparatus	10.13%

Aiming and catching (4.3%)

Category	Percentage
Extensive Playground	2.15%
Limited apparatus	2.15%
No apparatus	0%

Balance (18.1%)

Category	Percentage
Extensive Playground	5.1%
Limited apparatus	5.1%
No apparatus	7.9%

No/limited
playground

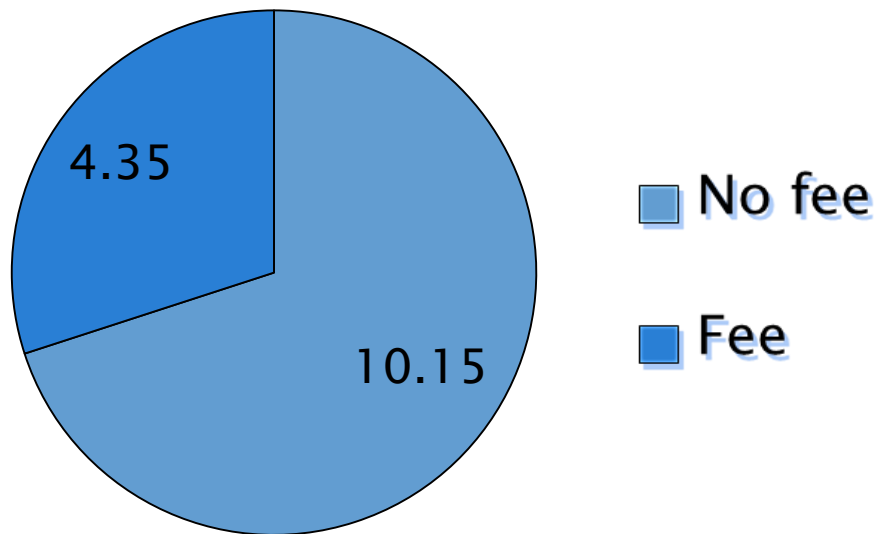


Extensive
playground

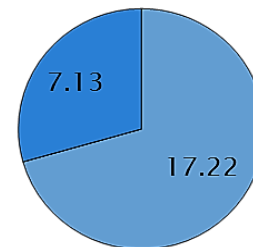


No fee vs fee

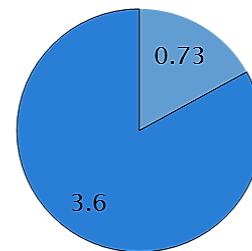
Total impairment scores (14.5%)



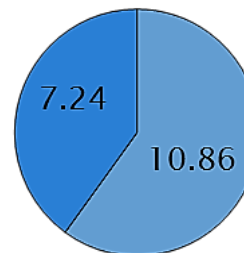
Manual Dexterity (24.6%)



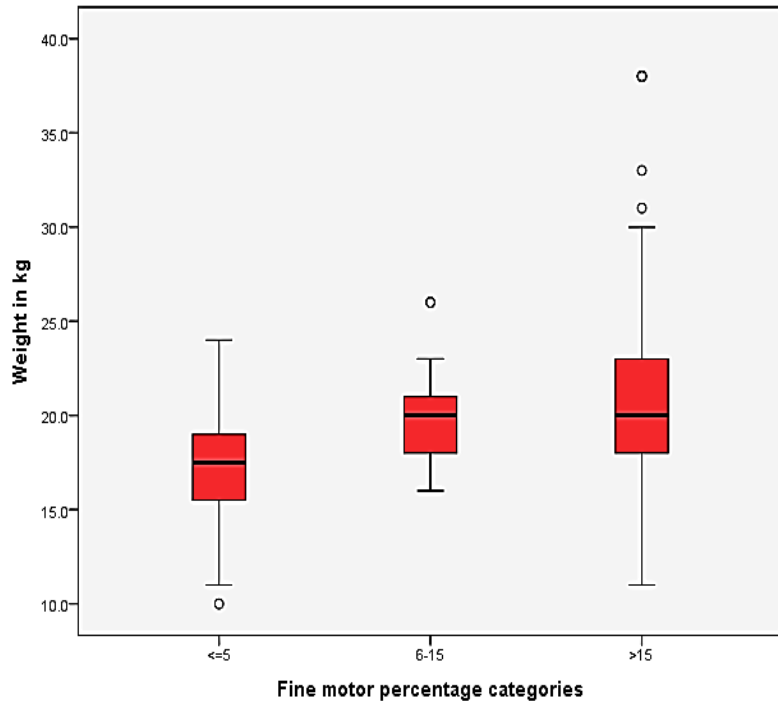
Aiming and catching (4.3%)



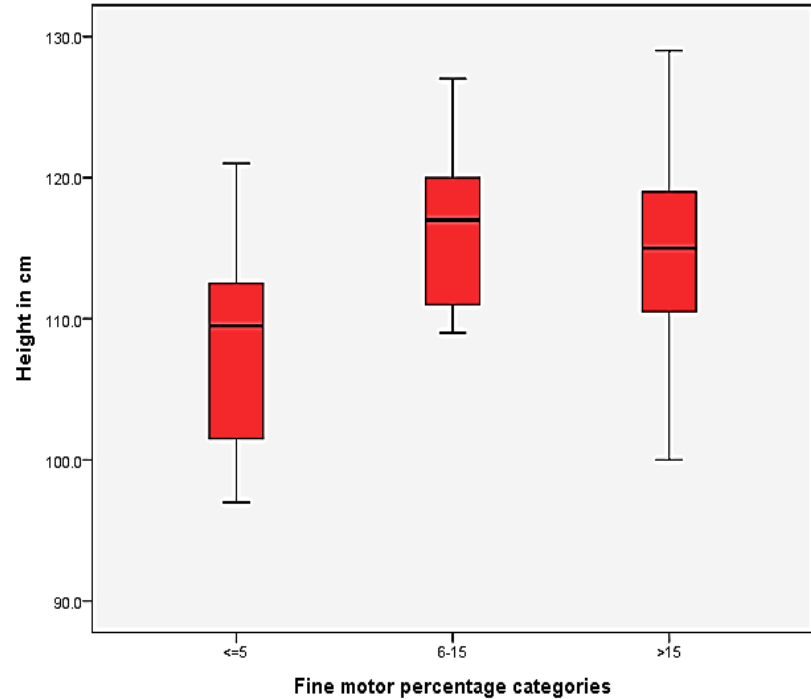
Balance (18.1%)



Weight and height



- ▶ <5th % = 17.5kg
- ▶ >15th % = 20kg



- ▶ <5th = 109.5cm
- ▶ >15th % = 115cm