

# BELONGING AND LONGING TO HOME IN TWO PLACES – EXPERIENCES OF AGING IN MIGRATION

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Photo: J. Tana

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# Older persons aging in migration, how are they described within social- and healthcare?

- Older immigrants have weaker health than do native-born persons of the same age....
- Older immigrants are described as a homogenous group with specific needs....
- Health support from health-care services in the receiving country may be problematic...
- Those who declare these facts are policymakers, researchers and health care professionals....

*WHERE IS THE VOICE OF THE OLDER PERSON ??*

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# How can health be defined?

- Objective and measurable?

Or can it be....

- A subjective feeling based on personal experience?



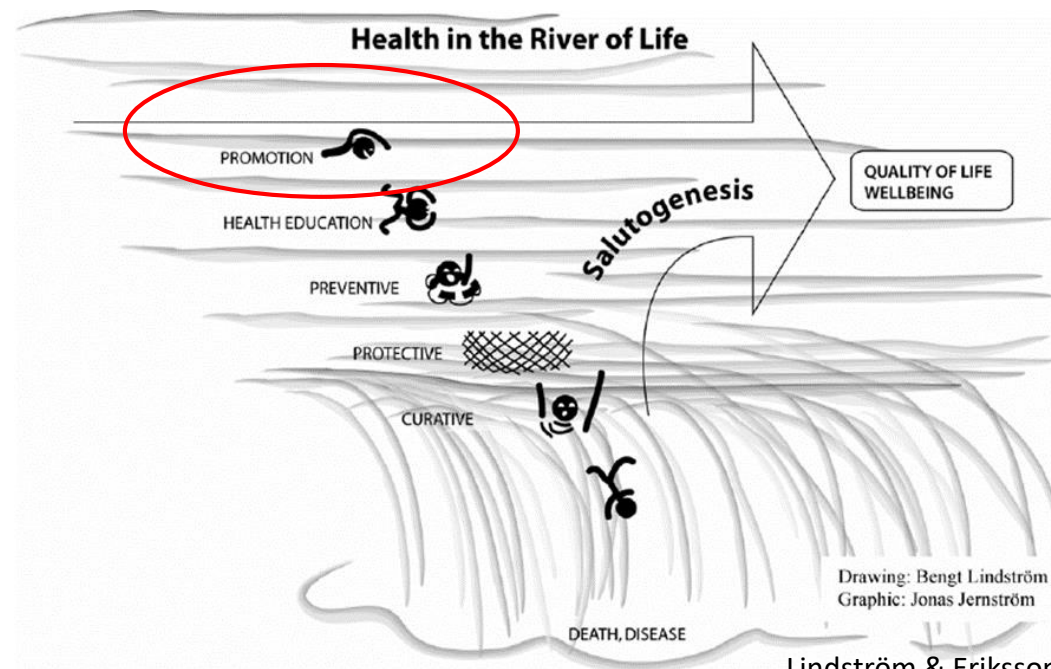
- Possible to explore personal health resources
- Movement from a pathogenic view to a salutogenic view of health
- Enabling participation in important and meaningful occupations in everyday life.

# Perspective on health in daily life

## Occupational perspective

- Meaningful occupations  
(doing)
- Occupational balance which enables  
a state of being and reflection  
(being)
- Have a sense of affiliation to others  
(belonging)
- Ability to reflect on goals in life and  
see oneself in the future  
(becoming)

## Salutogenic perspective



Lindström & Eriksson, 2010

# Aim and Method

- The aim was to explore how older persons from Finland who are ageing in Sweden experienced health in daily life, seen from an occupational perspective.
- Qualitative interviews
- Hermeneutic analyse

Participants, total sample		n = 16
Age, median (range)		72 (66-85)
Sex	Female	11
	Male	5
Family	Married	3
	Widow	5
	Single	8
Previous vocation	Industrial work	8
	Caring/Service	6
	Other	2
Housing	Rental	12
	Senior/service apartment	2
	Private housing cooperative	2
Self-perceived health	Good	7
	Moderate	6
	Bad	3



# Results and Discussion



# Conclusion

