

The Elderly: Living with a Purpose



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OTT Role In Community Health Based Services

- ▶ Conducting therapeutic support programmes
- ▶ Primary focus= Elderly in the community
- ▶ Home visits:
 - Patients unable to access health facilities
 - Assessment of assistive devices
 - Education and support to family members (e.g. palliative or patients with disabilities)
 - Home-based carers support services
- ▶ Programme as stated in Older Persons Act

The Older Persons Act No. 13 of 2006

**Encourages the following Programmes with
Elderly persons:**

- ▶ Play and socializing
- ▶ Arts and Craft
- ▶ Inter-generational programmes

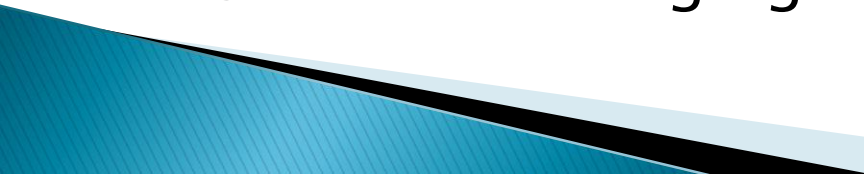
(Department of Social Development, 2006)

General Perception of Older Persons


- ▶ Weak and helpless
- ▶ Full time care and assistance
- ▶ Minimal contribution to society




Goals

- Identifying and addressing social needs
 - Arrange safe placement
 - Identify abuse (Physical, mental and financial)
 - Involving social services
 - Education regarding the aging process
 - Primary platform– concerns in the community
 - Promoting health & well being
 - Sense of belonging
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Service Delivery for Elderly

- Community Health Centre (CHC):
 - Group dates
 - Ensure safety
 - Reducing expenses
 - Minimise long waiting times
 - Information pamphlets regarding access to all services in community
 - Interpersonal relationships
 - Cognitive and spiritual growth
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Value and Success

- ▶ Thanks Giving Ceremony
 - ▶ Seniors lunch
 - ▶ Seniors Concert
 - ▶ Leadership training
 - ▶ An integrated (Social development and Community Health Services).
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“A society that does not value its older people denies its roots and endanger its future. Let us strive to enhance their capacity to support themselves for as long as possible and ,when they cannot do so anymore , to care for them.”

Nelson Mandela



THANK YOU

References

- ▶ Department of Social Development. (2006, November 2). *Older Persons Act 13 of 2006*. Retrieved April 24, 2018, from Western Cape Government: <https://www.westerncape.gov.za/>
- ▶ Consent was obtained to use the images from the participants