







# IMPACT OF LOW INCOME AND LINGUISTIC MINORITY CONTEXT ON POST-STROKE PARTICIPATION: A SITUATION OF OCCUPATIONAL DISADVANTAGE

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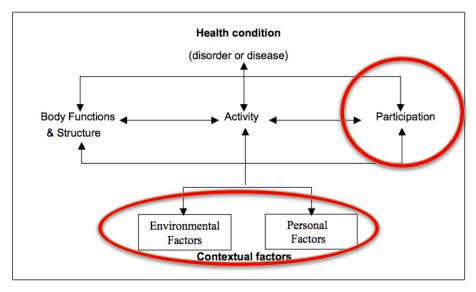
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#### INTRODUCTION

 Majority of stroke survivors experience difficulties with participation<sup>1</sup>

- Low income is associated with poorer participation<sup>2</sup>
- Linguistic minority status is linked to challenges engaging in rehabilitation<sup>3</sup> and transition back to the community<sup>4</sup>.

#### International Classification of Functioning, Disability and Health



(WHO, 2002)

## RESEARCH QUESTION

Francophones are an official language minority group in regions of Canada where English is the majority language.

How do Canadian Francophone stroke survivors living in a low income and linguistic minority situation experience attempting to return to participation?

## MULTIPLE CASE-STUDY<sup>1</sup>

#### Case

- Stroke survivor
- French as mother tongue or first official language spoken
- Low income (under \$19,500 USD /year for a single person)

- 2 semi-structured interviews
- 1 interview for confirmation
- Participant observations
- 4 measures: Stroke Impact Scale,
   Hospital Anxiety and Depression
   Scale, ICF Participation, Assessment of bilingualism
- Medical chart reviews

Care partner:
-1 semi structured interview

#### FINDINGS: LANGUAGE

In this regional context...

- There were no reported events of language discordance during services received.
- Language influenced post-stroke participation minimally.

#### Other language-related issues were identified:

- professionals using standard language and jargon
- participants with low health literacy

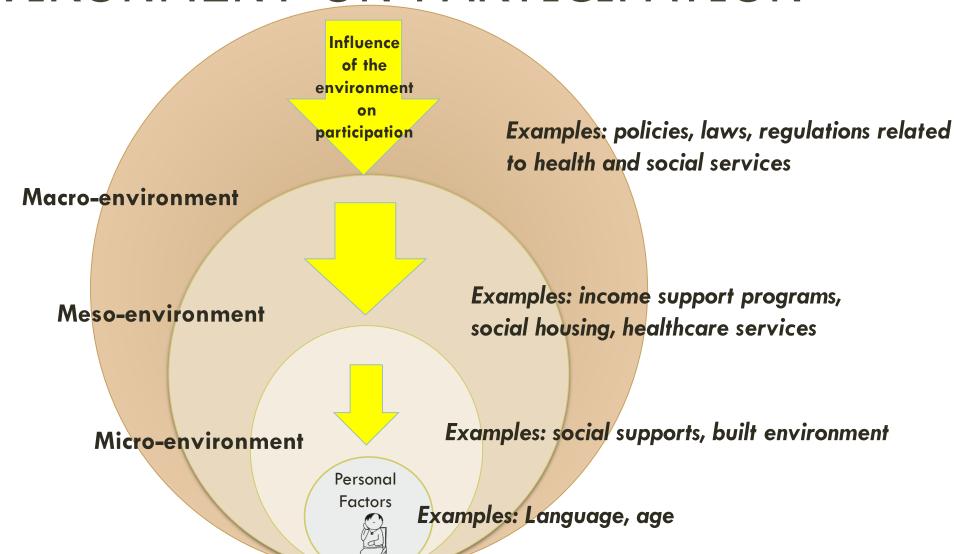
#### FINDINGS: LOW INCOME

Low income affected the ability to afford precursors to participation:

- Housing
- Services
- Goods

Access to social services had a strong influence on the experience of return to participation.

## RELATIVE INFLUENCE OF THE LEVELS OF ENVIRONMENT ON PARTICIPATION



## CONCLUSION

Social and health policies maintained situations of occupational disadvantage for the low-income stroke survivors.