



SCHIZOPHRENIA, INSTRUMENTAL ACTIVITIES OF DAILY LIVING AND EXECUTIVE FUNCTIONS: A QUALITATIVE MULTIDIMENSIONAL OUTLINE

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REVIEW

- ❖ People with schizophrenia present difficulties in social and occupational reinsertion.
- ❖ Difficulties in performing daily tasks.
- ❖ These deficits have been linked to cognitive dysfunction.

(Lipskaya et al., 2011; Nakanishi et al., 2007; Twamley et al. 2002)

IADL

- ⑩ PERSON – ENVIRONMENT INTERACTION
- ⑩ INSTRUMENTS OR TOOLS
- ⑩ INDEPENDENCE

REQUEST

- ✓ PLANNING
- ✓ TASK MONITORING
- ✓ PROBLEM SOLVING
- ✓ ORGANIZATION

EF

- ⑩ DEMANDS FROM THE ENVIRONMENT
- ⑩ PREVIOUS EXPERIENCE
- ⑩ OBJECTIVE AND ORIENTED TO SPECIFIC GOALS ACTIONS

PROVIDE

- ✓ PLANNING
- ✓ MONITORING
- ✓ FLEXIBILITY
- ✓ ORGANIZATION

AIMS



- ❖ Using a multidimensional perspective:
- ✓ individuals' IADL performance investigation
- ✓ difficulties presented and the remediation/compensation strategies.
- ✓ EF deficits correlation to the difficulties found.

METHOD

Sample



Group 1 Therapists

Group 2 People with schizophrenia

Group 3 Individuals' relatives

	PORT (n=6)	BRAS (n=6)
Occupation		
OT	3	5
Psychologist	2	1
Social Worker	1	0
Gender		
Female	6	6

	PORT (n=9)	BRAS (n=7)
Gender		
Male	7	4
Female	2	3
Age (years) [M (SD)]	40.33 (6.0)	44.8 (12.6)
Marital Status		
Single	9	5
Married	0	1
Divorced	0	1

	PORT (n=6)	BRAS (n=6)
Gender		
Male	3	3
Female	3	3
Age (years) [M(SD)]	59.6 (11.9)	55.3 (19.2)

METHOD



Procedure

- ❖ 6 focus groups (N=39)
- ❖ Associação Nova Aurora – Porto, Portugal (3)
- ❖ Associação Arnaldo Gilberti – Curitiba, PR, Brasil (3)

Data Analysis

- ❖ Interpretative Phenomenological Analysis (IPA).

- Ethic Comission:
 - Portugal: CE-ESTSP-0673/2014
 - Brazil: CEP-SCS/UPFR - 638.793

RESULTS



Superordinate Themes	Subthemes
1. The doing in its essence	Meaning Satisfaction Autonomy Difficulty
2. The task in its essence	Taking care of the place where I live Eating, as a complex task Shopping and dealing with money
3. The dealing with the difficulties	Family Sharing with peers

Indicators of Dysexecutive Syndrome

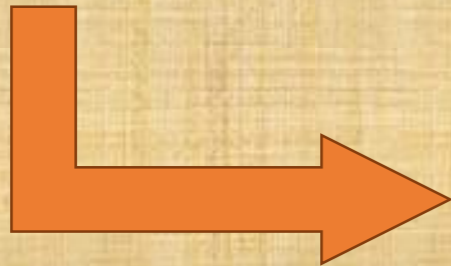


CODE	RELATED DIFFICULTIES	EF COMPONENTS
UB3	<p>“...for the caring of the house, mum needs to be telling me what to do, and when I cook food, someone must guide me through, assist me, for when I’m alone, I’m prostrated, to the point of not even standing up, it becomes complicated...”</p>	<p>VOLITION</p> <p>PLANNING</p> <p>INTENTIONAL ACTION</p>

CONCLUSIONS

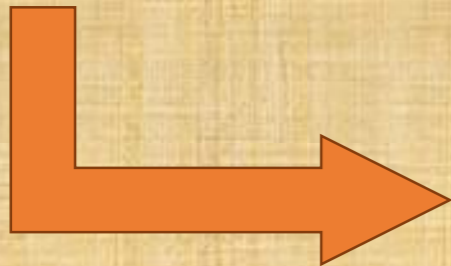


- ❖ Deficits in the ability to perform IADL




affecting the autonomy and satisfaction

- ❖ Family and Social Associations



balancing elements for the difficulties

- ❖ Deficits  EF impairments



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