

# An innovative education model to build capacity for the future of occupational therapy in developing countries: Vietnam case study

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### Introduction

- Vietnamese-Australian partnership
- Increasing international focus on participation relating to health
- Occupation facilitates health promotion, community participation, and community development (Sinclair, 2009)
- Sustainable Occupational Therapy Development (SOTD) model

Sustainable
Occupational
Therapy
Development
(SOTD) model



Review

Preparation

Adaptation

Implementation

#### Objectives

- To assist local Vietnamese partners to develop occupational therapy for the benefit of Vietnamese people with disability
- To deliver sustainable, culturally appropriate and contextually relevant occupational therapy education to support the development of the profession in Vietnam



Review Preparation

Adaptation Implementation

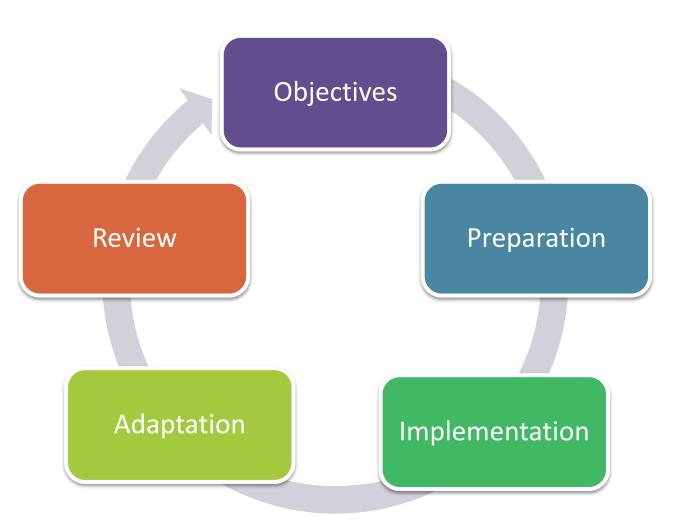
 Collaborative partnership based on shared learning and decision-making (Leffers & Mitchell, 2011)

 For-purpose teaching materials developed so the essence of occupation reflected the cultural context (Watson, 2006)

#### Preparation

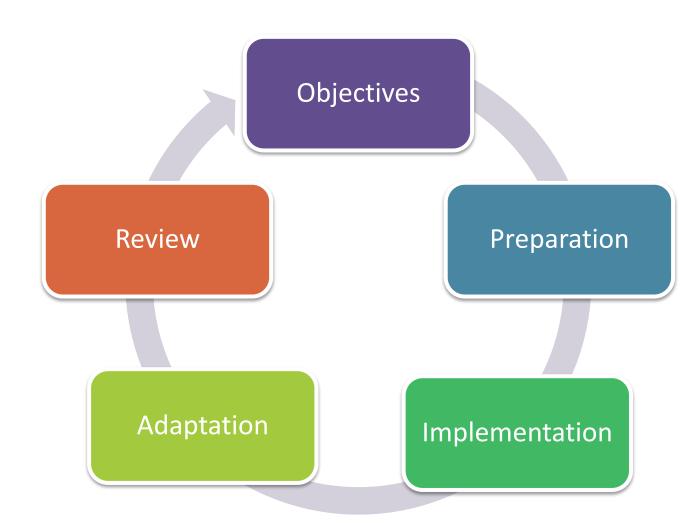
- Course delivered in Ho Chi
   Minh City university
- Assessment consisted of lectures, laboratories, tests, group projects
- Clinical placements at hospitals in the city

Implementation



- Underpinned by educator cultural humility (Tinkler & Tinkler, 2016)
- Reciprocal and equal partnership avoiding the "Western expertise dissemination" (Elliot, 2015)

Adaptation



#### Review

- 1) Review of the doctors course → Continuation of partnership to deliver training to technicians
- 2) Review of the technicians course → Identified need for context-specific capacity building
- 3) Implementation of longterm partnership supported by student and academic engagement



## Enabling factors

- Financial investment/support
- Team approach
- Relationship building based on cultural humility
- Whole system approach
- Co-production
- For-purpose teaching materials to capture the cultural essence of occupation



## Practice Implications



- 1. Sustainability needs to underpin all actions
- 2. Knowledge of the local culture, context, and health system is a must
- 3. To have a sustainable impact, changes must occur amongst and be supported by those with greatest influence on the health system

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## Thank you

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