

Wheelchairs – are answers to complex seating needs necessarily complex?

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INTRODUCTION

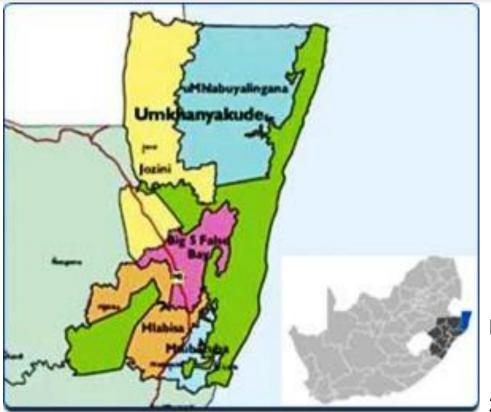
Socio-cultural factors

• Provider

• User of wheelchair service

• Effect on service provision

The location



Municipal map uMkhanyakude district KZN (<u>www.ukdm.gov.za</u> Accessed February 2015)

AIM

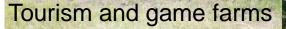
- To explore the link between the providers,
- their abilities and understanding of local context
- to ensure the wheelchair users' rights and
- human dignity are considered within a culturally relevant service

The environment





Local work opportunities



Subsistance farming



Subsistance fishing



The person has simple needs

• A wheelchair

• To function within a specific environment

• A solution that works

Two responses to the needs

• I don't have appropriate equipment

 Those who "make a plan"

• The clients are not cooperative

• The area is not conducive to using a wheelchair.....

A single case





Independent at home in all ADL

• Fetches water for washing (uses his foot plates to balance the 25L container)

• Makes grass mats to supplement his DG

• Catches taxi into town with relative ease

• Getting to the taxi stop is a mission and he needs help as the sand is very thick

 Financially supports the whole family – (siblings and his mother)

Current intervention:

- Kept him in his current chair (no alternative available).
- Unscrewed the first screws of the backrest and flipped it down (still inhibited by the frame needs a low back).

 Added two Velcro strips to the back rest to take up some slack.

• Added one 1cm thick full length strip of foam under right buttock and thigh.

• Put on short footrests (left his adult footrests for when he has to fetch water).

• Cannot adjust rear wheels or arm rests

 Cannot take arm rests away as his balance is good but not brilliant, especially over rough terrain.

Result:

• He sits up straighter.

• He still pushes well and feels comfortable.

• His feet are well supported.

He was informed about

- The danger of leaving him in the same contracted position.
- Why we need to slowly and incrementally change things.
- The seating clinic. He is keen. (He also spoke to our wheelchair repair man who was a participant in the previous clinic!)

 "I think we could do better though, and I would like to custom make a cushion for him too"

Conclusion

A caring service provider provided the best possible solution within the limitations of time and resources instead of waiting for "specialized" help or a "correct" seating solution – leaving a happy, functional user.

Thank you to the wonderful therapists of uMkhanyakude district

