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Developing a comprehensive core set on borderline personality disorder based on International Classification of Functioning

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Introduction: The management of borderline personality disorder (BPD) in health services generates significant societal costs. Precisely, this cost can be, among others, associated with discontinuity in employment, chronic conditions as well as a recurrent use of health services. To this date, there is no comprehensive review on aspects of functioning with BPD. In response to the lack of review in literature, International Classification of Functioning (ICF) Core Set is a scientific process that allows the identification of the main functional challenges of a specific health condition.

Objective: The objective of this presentation is to describe the process that led to the development of a BPD core set based on ICF.

Method: At first, three types of data were collected and compiled: scientific evidence, clinical opinion and client experience. It aimed to identify the main impacts of BPD on functioning. Secondly, international experts in BPD validated the core set.

Practice implications: It provides a global portrait of BPD functioning and aspects to take in consideration in management of BPD. It will allow the creation of BPD-specific assessment and intervention tools for occupational therapists. For researchers, this study can identify gaps in literature and define future research directions such as Activity and Participation categories.

Conclusion: The ICF process allowed the creation a core set on BPD by combining clinical evidence and expert opinion. It will help occupational therapists to create targeted tools to evaluate BPD patients and researchers to investigate aspects of functioning that are identified as important in BPD functioning.