

## **Intensive Therapy Weeks: A Tool for Caregivers in Facilitation Participation in Life for Children and Youth with Disability**

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**Introduction:** The provision of rehabilitation service is influenced by many factors, including social economic, cultural, political context. In Tanzania as it is in many developing countries, Occupational Therapy is still a new profession. For this reason the number of therapists is limited, so it is necessary to use other effective approaches. Intensive therapy weeks involve caregivers in all of the rehabilitation process to increase their competence in handling their children.

**Objective:** For children and youth with disabilities to participate in community life through transfer of skills through the caregivers.

**Methods/Approach:** Through well structured therapeutic intervention that includes groups, and individual training to the caregivers as well as children and youth with disabilities.

**Practice Implication:** Families and communities have become more aware and supportive towards rehabilitation services. Improved personal value including skills for children and youth with disabilities.

**Conclusion:** Intensive therapeutic intervention is a conducive approach in a less resource area since it addresses child and family needs. It is also an effective approach working in communities.