

## **Culture and participation - mapping the terrain**

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Healthy ageing, social inclusion, active citizens, empowerment and participation have become core values and aims of welfare states, and in international and national health and welfare policies. Research on participation is an emerging field needed to inform and develop practices that can enable health and welfare services to stimulate participation. Culture is embedded both in the environment and in the self of individuals - therefore it influences participation from both the outside and the inside (Redzovic & Eide 2017). The purpose of this workshop is to pave the way for a new research agenda on participation and culture.

Participants will: 1) appreciate various perspectives on participation across different cultures; 2) understand the complex interaction between participation, culture, health services and individual health; 3) develop insights in research areas, topics and methodological approaches that are appropriate for further research on how culture influence participation; 4) engage in building a platform for research collaboration on participation and culture.

The session will begin with a 10 minute overview of relevant research. The facilitators will then provide two brief (10 minute) introductions - one on the relationship between culture and participation and one on methodological approaches. Small group discussions (30 minutes) will lead to a plenary discussion that brings together key insights on participation and culture as well as an agenda for research aiming at strengthening the conceptual understanding of participation and consequences for practices in health and welfare services (30 minutes).