

A pilot project on Improving access, equity, inclusion and use of improved sanitation and hygiene: positioning the most vulnerable population with severe disabilities in rural Kenya, to prevent acquired infections thereby ensuring all lead a productive healthy living through constructions of disability friendly toilets and availing clean water.

Edal Kimando¹

¹*Embu County Health Dept, EMBU, Kenya,* ²*Embu General Hospital, Embu, Kenya*

INTRODUCTION: The number of persons living with disabilities in third world countries continue rising every year. Factors leading to the increase are road traffic accidents, Communicable and non- communicable diseases. The population of the aged is also high and in most cases dependable. The myths and cultures surrounding disability issues are also a major hurdle and in most cases a lot of stigma and isolation is part of their lives. Most of them live in very deplorable conditions due to high poverty levels.

OBJECTIVES: Improve on the levels of advocacy and trainings
Increase access and use of improved sanitation and hygiene using locally available materials.
Facilitate the constructions of disability friendly toilets and wash facilities.

APPROACH: Advocacy and trainings.
Writing proposals for donor and county fundings
Creating awareness
Monitoring and evaluation of the project

PRACTICE IMPLICATIONS: Occupational Therapist all over the world advocate for independence of activities of daily living and work. Toiletry and wash is part of it and as long as the vulnerable are healthy, they can be able to become productive.

CONCLUSION: The project if well-funded and implemented will reduce the levels of acquired infections for the most vulnerable and persons living with severe disabilities.