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## **Maybe "Participation" also Means Research**

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According to Mmatli (2009) much of the research in rehabilitation has done little to change the everyday experiences of those with disabilities. The Center on Knowledge Translation states that knowledge translation strategies are designed to make a positive impact on people's lives by moving research into practice and making it applicable, accessible and relevant to those with disabilities. This 90-minute workshop will demonstrate how a participatory research (PR) approach using collaborative inquiry methodology opened doors for a small group of people with psychiatric disability to be included in the process of creating knowledge. Occupational therapy researchers are in a perfect position to align the academy with the disability community to produce this knowledge. The presenter will introduce KT and PR through lecture and demonstration. A small group discussion format will be used to explore the value of KT research outcomes for the profession. Maximum 40 participants. Learners will be able to:

- Articulate an understanding of the impact of current rehabilitation research on the disability community and how KT strategies can alter the power relationships and improve relevance to the community it is meant to help.
- Contrast the outcomes of KT research strategies with the outcomes of research that fits with the "gold standard."
- Articulate how KT research strategies support the distinct value of participation in occupations that underpin occupational therapy intervention.