

0243

## **Mapping participation outside home for (older) adults with cognitive impairments**

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**Introduction:** Older adults value performing activities outside home. Accessing out-of-home places provides both benefits, such as participation in daily activities, and challenges, such as finding one's way. A significant knowledge gap exists about places and activities people with cognitive impairments have access to in urban as well as rural contexts, or have stopped accessing – primarily because out-of-home participation has received little attention when the focus has been on the home environment.

An assessment tool has been developed to map places and activities outside home, the Participation in ACTivities and Places OUTside Home for Older Adults (ACT-OUT). It provides an understanding of how older adults access places and participate in the outside world; it also identifies changes. ACT-OUT covers more than twenty various types of places older adults may access organized in four clusters (commercial and administrative; health-care; social, spiritual and cultural; and recreation and physical places) combined with questions concerning transportation, familiarity and perceived risks.

**Learning objectives:** Gain knowledge, review a new assessment tool, and discuss participation in regard with everyday life outside home.

**Teaching methods:** An interactive pedagogy is used, meaning that the dialogue between the presenters and participants is in focus. Presenters will explain and contextualise participation outside home, and the use of ACT-OUT in research. The participants get the opportunities to discuss these subjects related to their own experiences and knowledge and the presenters will facilitate discussions.