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Rehabilitación en Psiquiatría. Consideraciones teóricas y una propuesta integral reunificadora de las tendencias actuales

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The author taking into account the bibliographic revision and his own experience presents some considerations and proposals referred to the concept, aspects of the methodology, fundamental models and neurophysiologic substratum of the rehabilitation. It understands the concept like a phenomenon or process. It indicates four phases in the methodology (diagnostic, objectives, treatment and assessment). It recognizes four fundamental models of rehabilitation (Psychoeducation, training in skills social and occupational therapy). It indicates to the neuroplasticity like the neurophysiologic substratum, boarding the characteristics that is has to reunite an activity therapeutic for an adequate development thereof and it toasting his criterion on an integral projection.

Key words: Rehabilitation. Psychoeducation. Training in skills social. Neurocognition. Occupational therapy. Neuroplasticity.