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Occupational Therapy without borders: an experience of report in the Brazilian Amazon

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This paper aims to report an experience of the role of Occupational Therapy in other areas of everyday practice. This job was developed in Soure City, Marajó Island, Amazon region, Brazil, in periods of 21 to 23 March and 19 to April 21, 2008. This is the largest river island in the world. It has a rich nature with animals and forests. Their population was strongly distributed and influenced by extractive activities, fostering the division into small villages, located near the rivers and streams. It is predominated by people of Amerindian origin, with a strong culture and tradition, with its typical of coastal homes, situated on the edge of rivers, with the support of wood and covered with straw. This work was developed in partnership with the group "Friends of the Jeep" and sponsored by Pará's State of Health Department. It was used as vehicle ¼ ton 4x4, JEEP, because the difficulty access to communities. The team was multidisciplinary. The actions began with a meeting with the leaders of communities to identify the target audience would be assisted by the group. After locating and mapping the Occupational Therapy group worked at the kind of treatment of home care to patients weak, due to the pathological process already installed, from different etiological. The goal was to act in the promotion, prevention, recovery and rehabilitation in health, performing actions such as: guidelines for patients, caregivers position on the bed, carry out transfer of daily activities, as well as measures for prevention of diseases typical of the region, and the need for cognitive stimulation and social interaction of patients. In this work it was possible to see the lack of material and human resources in the localities, knowing their socioeconomic situation and living conditions, as well as the strong presence of cultural issues and policies that hinder people's access to health services. Enabled the development of a critical reflective attitude towards the problems of the region, raising the possibility of work in occupational therapy, as well as personal and professional development of participants.