Una experiencia de Evaluación de Aprendizajes a través de Carta Fundamentada, Escuela de Terapia Ocupacional Universidad Mayor.

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The career of Occupational Therapy, at Universidad Mayor provides an introductory course that includes content such as history, theoretical - philosophical, professional domain areas, assessment and intervention and occupational science. Planning is focused on learning, assessment and explicit methodology, both for the teacher as the student intended to ensure that learning and relevant support in the required time.

In 2008 it is included a qualitative assessment based on a letter Self assesed. The objectives were to describe the topics that generated student interest, to identify areas with regard to reflective processes of domain and professional role, to describe personal strengths and weaknesses identified, and bring an exercise about reflexive knowledge.

The content analysis retrieves relevant qualitative aspects of the perceptions of students lived on the process. In this sense, the letter has been a tool that allowed us to approach learning that are not defined for the subject and processes that are relevant in personal training and practice of Occupational Therapy. "What I experienced in this process was difficult and some things that my mind is not allowed and I was over at least ... however I am motivated to follow with my studies, I have strengths such as my perseverance and ability to work together even though I am very uncertain of my ability and I quickly crumbles. "

As part of the discussion should consider the importance that students attach to the possibility of approaching the history of the discipline, and to make practice through guided tours, research and work with the community. This leads to learning and "learn how to act properly against different people and situations that merit specific attention and a formality ..." highlight the confidence that I could develop myself, with my colleagues ... "Inconsistency is an habit that costs overcome and more to do with custom than with motivated "

We believe it is a good tool to generate a reflective process and reach a better understanding of the future occupational therapists.