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"Calidad de Vida: Una aproximación cualitativa a los significados atribuidos por estudiantes de Terapia Ocupacional de la Universidad Andrés Bello."

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Introduction: The investigation on Quality of life is a relevant topic thinking that the concept for a few years is emerging as an organizing principle that can be applicable for the improvement of a society as ours, involved in constant social, political, technological and economic transformations. For the Occupational Therapy the quality of life is one of the principal aims and needs that our interventions are orientated towards the promotion of the health and the well-being. Nevertheless, the conceptualization that is done of the concept can change according to the theoretical perspective.

Aims: To analyze the meanings that 20 students of pregrade of Occupational Therapy of the University Andrés Bello attribute to his/her QOL and well-being and the conceptualization and relation that they establish with the discipline and profession Occupational Therapy. The previous thing links itself with the first investigation of quantitative cut realized the year 2007, in which QLI SpM is applied to 64 students and whose results contributed a general look on the topic.

Method: semiconstructed interviews analyzed by means of the Grounded Theory. The sample was meaningful and it corresponds to students of the different levels of pregrado belonging to different socio-economic strata.

Results: The results are formed concerning categories that link the QOL as a condition of balance, the importance of the socioeconomic context, the "personal effort", and the importance of understanding the concept during the pregrado for the ethical implication for the Occupational Therapy.

Conclusion: The qualitative methodologies bring us near in order to study of a radically different way assuming with it comprehensive and interpretive positions on the QOL, it is relevant to incorporate the topic inside the university spaces and in turn to grant an important place to him/her inside the curricular meshes to think and to develop placed and real strategies.

Contribution to the discipline: one expects to contribute with information to enrich the process of critical analysis on the objective and subjective conditions that live through the students and the form in which they understand the concept and his/her relation with the profession.