

Metodologías activas de aprendizaje en la formación del Terapeuta Ocupacional

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The OT course of Federal University of S.Carlos have introduced since 2008 a pedagogical project that uses an active learning methodology in its teaching/learning strategy. The methodology proposes an integrated curriculum plan, with interdisciplinary way and pedagogical process developed in small groups of students by developing professional competence expected among Brazilian context. The competence areas give OT a better professional skills, to promote health, prevent diseases, to offer treatment and rehabilitation, in integral way to people, family and community. The OT curriculum provides health care, social, educational and work trends. The main objective of this article is to present an innovative experience of a pedagogical project based on active learning methodology. The approach of knowledge areas are integrated on educational units that are part of OT curriculum and take place in small groups of students who is supported by a professor and each group has its own dynamic. There are units that use problem-based situations, allowing the students to use their previous knowledge and by developing clinical reasoning or epidemiological reasoning, to formulate hypothesis, by looking for a critical analysis of knowledge that could beat explain the problem and to formulate intervention plan. In an other unit the knowledge is build with interaction between community and professionals practices. There are two other units: one give the OT students technical learning of activity and its analysis and other that introduces the student to research content. Within meaningful learning the professor is not the main source of information but the person who make easy the teaching/learning process, by stimulating the student to have an active, critical and reflexive position on knowledge building. This approach could allow us to say that the contents are meaningful and allow to emerge skills to solve real problems of professional practice and research. In this new teaching/learning process proposes to educate OT professionals being able to interact heir knowledge in independent, flexible and creative way.