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Plan Nacional de Salud Mental en Chile, el modelo comunitario y las implicancias para las prácticas de Terapia Ocupacional

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(translate google)

Introduction:

In early 1990, with the end of the Chilean military dictatorship was resumed processing practices of mental health interventions that were incomplete in 1973. It was designed in 1993 and later in the year 2000, the National Mental Health Plan, which proposes the implementation and launching initiatives such as mental health in primary health care; Implementation of homes protected, Psychosocial Rehabilitation Centers, Hospitals Day, Community Mental Health Center and a very close link with families and groups of users.

This leads to a reformulation of training and practice of the professions involved in this field, including TO. From this moment begins a gradual, slow but steady presence requirement and increasing occupational therapists for the processes of integration and community partner community based rehabilitation for people with psychiatric disabilities.

Objectives:

This research proposes to examine the implications that has for Occupational Therapy, implementing the National Plan for Mental Health and Psychiatric reform processes that have resulted from this.

Outlined the elements that constitute the basal profession, its historical development in Chile and this is linked to the construction of new social policies on mental health from 1990 and understanding of occupational therapy is communal.

Method:

The methodology used is based on a qualitative perspective, focusing etnometodológico expressed in some action research techniques and in-depth interviews. The sample are Occupational Therapists who work in community centers and psychosocial rehabilitation.

Results:

The results are directed to the community as manifested in the individual spaces in daily living for people with mental health problems. There is a very institutional action and waiting as opposed to the need for collective actions and actors of social networks open to people

Conclusion:

This opens the need to problematize the bases of the TO relating to community perspectives and implementation of social policies on mental health in Chile.

Contribution:

The contribution is aimed to emphasize the need for a TO based on the community as a major strategy for the processes of social inclusion.