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El uso de la música como un terapeuta ocupacional para personas con enfermedad de Alzheimer.

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Alzheimer's disease (AD) causes changes in the brain in the areas responsible for cognition, behavior and functionality. A treatment for occupational therapy is the use of music as a therapeutic resource. The objective is to alleviate some symptoms and better quality of life for individuals with Alzheimer's disease through the use of music. Following investigations carried out in books and scientific articles in the Portuguese language, with no time limits, it was found that the use of music, sound and motion contribute to the integration of cognitive, affective and engines, construction and strengthening the awareness of social interaction. Based on this information, this therapeutic intervention by facilitating communication, it reverses the apathy and isolation of the elderly and is primarily concerned with the memory through the senses and meanings attributed to the music. Therefore, this activity, the music provides an opportunity for people with Alzheimer's disease develop skills, creativity and exchange wishes and memories.