

OCCUPATIONAL THERAPY AND PALLIATIVE CARE - NEW PERSPECTIVES IN REHABILITATION

Marysia Mara Rodrigues do Prado De Carlo^{1,2}, Ana Paula Mastropietro², Gisele Brides Prieto², Janaína J.T.S.J. Assis², Marcela Reis Bigatão², Maria Gabriela J.P.B. Gomes²

¹*University of São Paulo - Faculty of Medicine of Ribeirão Preto, Ribeirão Preto / São Paulo, Brazil,*

²*Hospital of Clinics of Faculty of Medicine of Ribeirão Preto, Ribeirão Preto / São Paulo, Brazil*

INTRODUCTION: Patients on palliative care (who are "without cure possibilities") and their relatives generally live with precarious control of the symptoms and physical, psychological, social and spiritual suffering. Nevertheless, professionals still restrict their action to the curative care. **OBJECTIVE:** Discuss the performance of the occupational therapist in Palliative Care who takes care of oncologic or non-oncologic patients in the context of a general and university hospital of attention of high complexity of the State of São Paulo. The "Hospital Occupational Therapy" develops a program of Palliative Care for the promotion of well being and quality of life, keeping some degree of meaning and domain of its life, with bigger comfort and dignity, in order to prevent the processes of social exclusion. **METHOD:** Presentation and analysis of the diverse activities developed for the area of "Hospital Occupational Therapy" in Palliative Care, in the Unit of Bone Marrow Transplantation, Interconsultation Service, Infirmary of Surgery of Head and Neck, Clinics of Oncologic Brain Surgery, Chemotherapy Central, Infirmary of Ortopedia and in the Unit of Burnt of the hospital. **RESULTS:** The hospitalization and the diverse types of treatment of those who are submitted the patients in Palliative Care generate ruptures and important transformations in the occupational life of then and of their family, generating necessity of reorganization and improve meaning of their daily and occupational roles. They especially presented significant difficulties in the occupational life with limitations in the performance in the activities of daily life, work and leisure. **CONCLUSION:** This study allowed to make a revision of the literature and experiences of Occupational Therapy in Palliative Care, collaborate for the relief and the control of pain and the sufferings physical, emotional, social and spiritual, being included the orientation and has in such a way supported the patients as its familiar. **CONTRIBUTIONS TO THE PRACTICE:** this work brings new perspectives to the professionals of the area of "Rehabilitation", when discussing the attention the patients who are "without cure possibilities" and their familiar ones, since the confrontation of the possibility of the death is so difficult for all.