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Estudio de calidad de vida relacionada con salud y equilibrio ocupacional de cuidadores (as) de niños(as) y/o adolescentes con multideficit, del Instituto de Rehabilitación Infantil de Santiago de Chile.

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Introduction:

The condition of multideficit or multiple deficiencies in children and / or adolescents, does not exist as a diagnosis, which refers to a condition where there are three or more simultaneous failures. In this case it means that the primary deficit is the motor in addition to sensory, cognitive and / or convulsive syndromes which are difficult to treat.

Usually in this health condition there is a familiar companion who assumes the role of caregiver, suffering the effects associated with this role, (Rarely described in child population studies.) From that perspective the investigation of the quality of life related to health to caregivers, and a subjective interpretation of the person providing care, how satisfied they are with their own lives and the impact of the illness on their child (ren). From the perspective of O.T the approach to these concepts is framed in terms of occupational balance.

Objectives:

The purpose of this study will be to determine the quality of life related to health care of children and adolescents with multideficit and its impact on occupational balance.

Method:

Apply two instruments: a questionnaire to assess quality of life related to health, impact on the module family (PedsQL), which will be answered by 100 informal caregivers at The Multiple Challenges Room, Institute of Children's Rehabilitation, Santiago.

It also considers the application of a semi-top and bottom quintile according to the results obtained in the PEdsQL. This methodology will allow further issues to be identified in the quality of life and occupational balance of the person responsible for the care of children or adolescents with multideficit.

Results:

The study to establish the relationship between quality of life related to health care of children and adolescents with multideficit and occupational balance.

It will identify the coping strategies that are used by people who assume this role.

We will also obtain the social demographic characterization of the target population, setting the frequency and distribution of these variables (gender, age, education, socioeconomic status, kinship).

The contribution to practice:

Substantiate is expected from the Occupational Therapy approaches in this population.