

**Experiencia de Terapeutas Ocupacionales en RBC, PROJIMO, Mexico**

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"Occupational Therapists experience in CBR, P.R.O.J.I.M.O, México"

Community Based Rehabilitation, is a community development strategy for the rehabilitation, equal opportunities and social integration for people with disabilities". It involves the joint work of people with disabilities, their families, organizations and communities in conjunction with governmental and non-governmental sectors such as health, education, work and others. With the objective that those who live their daily life with disability are therefore the ones who know best their needs and potentials, and can become active agents and participants of their own rehabilitation process, aiming to a full society participation and exercising their citizenship rights, focusing in Human Rights.

This can be found on the CBR's objective: To continue the efforts to guarantee that people with disabilities, regardless of their age, sex, type of disability and social economic status, will carry out the same rights and opportunities than any other member of society.

The aforementioned practice took place between the months of September and November, 2008 in PROJIMO (Program of Rehabilitation Organized by Disabled Youth of Western Mexico), located in Sinaloa, Mexico. The objective of this work is to systematize an Occupational Therapist practice, in a CBR programme of the Latin-American tendency of Community Based Rehabilitation. Most of the theoretical postulates from the CBR strategy, were experienced throughout this process in a practical manner.

In the day to day life with the workers and those in charge of PROJIMO (mainly people with disabilities) it was put into practice an occupational therapy based in that reality, assuming cultural and social conditions under that context.

The present systematizing represents a contribution to the occupational therapy, specially involved in our work with geographically isolated populations and/or socially vulnerable.

Showing this experience will allow to incentive and to motivate the Occupational Therapist practices under a CBR focus of Human Rights that will assure the solely participation of people with disability as a main factor.