Practica de Terapia Ocupacional en Atención Primaria rural

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It practices Rural of Employment Therapy in Primary Attention.

The Primary Attention of Health (APS), in Chile, implements the Model of Family Health, challenging to teams of health to expand looks and to incorporate innovative strategies. In the country the majority of Employment Therapists that are performed in APS they are in the cities. The experience that is presented highlights this task in rural context.

Intends: Positioning Employment Therapy in Primary Attention. Validating participation of Employment Therapists in different Programs of APS. And to Relieve a culturally appropriate practice, situated in rural context,.

This practice is situated in health center The Goats, Sixth Region, agricultural zone, its inhabitants live far away of the economic and urban pole. Employment therapy splits the 2006 with students in professional practice of the Greater University, carrying out: participatory diagnoses, generation of networks (municipality, education, groups of people with disability);

The 2008 the charge is opened and the unit of Employment Therapy, being inserted in different areas: It programs of Integral Mental Health, System Chile Grows with you, Program of Physical Rehabilitation (next CCR), Program Prostrated, Program you Help Technical, Health Promotion Program. All with a strong emphasis in Visits Domiciliares Integral and work in land, with an inclusive look of the people and its context.

It it carried out has facilitated the change of biomedical focus (dominant) to biopsicosocial (but integral). Participating as effective Employment Therapist and decisively in Prevention-Promotion-Rehabilitation, accompanying people in the process of Health-Illness and favoring I work interdisciplinario

Systematizing the practice of APS in extensive rural context the border of the interventions of Employment Therapy, implies to intervene since a perspective situated culturally, with psicosocial-common focus, understanding and reflecting on the employment dimension in prevention and promotion of health.

The experience described shows an Employment Therapy with emphasis on promotion and prevention, in rural contexts, that anticipates and prevents disability, attending situations of violation in the social context. Besides it contributes upon I talking and critical reflection, enabling to generate own models of promotion of health anchored in cultural context and sociohistórico and to intertwine with models of the discipline.