

EL TERAPISTA OCUPACIONAL COMO CONSULTOR Y SUPERVISOR DEL ACOMPAÑANTE TERAPEUTICO

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OCCUPATIONAL THERAPIST AS THERAPEUTIC ATTENDANT CONSULTANT AND SUPERVISOR

To develop Therapeutic Attendants in the region where I work as consultant and supervisor of their working plans, I based on the Model of Human Occupation on which our practice is founded and generates positive feedback cycles in the occupational behaviour of chronic patients or patients presenting any disability. The Therapeutic Attendant is a professional assistant, a human resource well-disposed to enforce, since the daily, domiciliary or communitary work beside the patient, those occupational cycles provided by the Occupational Therapy treatment.

The aim of this work is to present patient groups having a greater demand of Therapeutic Attendants in the region and to show Attendants efficiency as a device or tool in the Occupational Therapy treatment. Our paradigm, focused in patient's adaptative performance in his significant activities and in his different contexts, provides a great diversity of general outlines which are very useful for the Therapeutic Attendant. Likewise, the Attendant enforces the Occupational Therapy interventions in the natural context, enriching his working techniques.

In this work, results proving treatment efficiency using this ambulatory device are presented, using occupational behaviour indicators, abilities, habituation and volition indicators. The Occupational Therapist may assume today in our region a professional practice focused in three professional roles or co-existent pillars: patient therapist, family consultant and Therapeutic Attendant supervisor.

Since the results obtained, I propose to discuss and enforce the idea that the Occupational Therapist gradually places himself in a higher level in his professional practice from a more consolidated knowledge and practice: he can accept the challenge to maintain the therapeutic process from new spaces.