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herramienta didactica "Escalando tu autogestion" aplicacion de la investigacion "autogestion aparatir del dilema de la diferencia en terapia ocupacional"

margarita giraldo, yury olarte, lyda perez, dassy vera
universidad nacional de colombia, bogota, Colombia

ABSTRACT

Learning Objectives:

- Raising awareness of the teaching tool scalaring your self-education, which is the application of research from self Dilemma of Difference in Occupational Therapy, held at the Universidad Nacional de Colombia Bogotá in 2008.
- Implement the workshop participants with the interactive book Climbing your self, which presents the reader through the game, strategies for strengthening assessment processes, planning and execution of the self of the individual.

Time needed: 1.5 hours for a workshop in the program of the Congress

Description of teaching methods:

The workshop will be divided into two sessions, half hour of conceptual information about the teaching tool and one hour of application. The first session will present an oral introduction of the teaching tool scalaring your self-education, which emerges from the interests of self-stimulate research from the dilemma of difference in Occupational Therapy. This is an applied research that develops descriptive, analytical, explanatory, argumentative and purpose of self-concepts and dilemmas of difference, and as a result of this, designing a model of self. This aims to explore, assess and plan for the self-projecting human achievement. Systemic approach integrates the relational, which offers the possibility of taking any social event or process as a complex system, generating web of interactions between parts of the model. The dilemma of difference that gives the process of self-management, flexibility and contextual targeting that helps people organize and plan the dimensions that comprise it. Besides integrating the satisfactions of needs proposed by Max-Neef in the matrix of fundamental human needs (1993), represented in the model as a process of self, which located at the intersection of ethical and existential needs of the matrix gives the possibility assess, analyze and plan the dimensions of self-promotion and self-satisfaction and of human beings.

Number of participants: 160 persons