

HUMAN ACTION STUDY, ACTIVITIES AND THERAPEUTIC RESOURCES IN THE TRAINING OF OCCUPATIONAL THERAPIST

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At Occupational Therapy Course at Federal University of São Paulo (UNIFESP) we have five modules called Activities and Therapeutic Resources (ATR).

Each one has specific content but all of them have general objectives: to deepen the knowledge of actions performed by human, give the students the experience of different activities, as well as the analysis and understanding of the occupational therapy process and the human constitution.

In addition to the five modules quoted above, we have a central axis called "The action as a precursor of the human mind" that focuses the development of human in relation to phylogeny and ontogeny aspects, and the importance of action in the human constitution.

The basic assumption of this module is that the "action precedes thought" and this idea is based on the discussion of authors in the Anthropology and Neuroscience areas.

The aim of this project was to study and develop activities with the use of theoretical concepts studied in the module "action as the precursor of thought" in the human formation and link the activities in the five modules of Activities and Therapeutic Resources.

Six students from the monitoring in Occupational Therapy have taken part in this Project for ten months. Each monitor was responsible for a specific module, which has involved the development of activities to deepen specific topics and to contribute to the joint study of the action as the precursor of thought and the other modules of ART.

All the students participated in the activities with the proposal to link the content of the module "the action as precursor of human thought" with the various areas of the field of Occupational Therapy and their strategies for using the activities.

This process enables us to determine the correlations among the six modules and improve the teaching-learning of the content studied. The link among these modules of ATR and "the action as the precursor of human thought" can lead the areas, practices and teaching activities to a single axis in the training of occupational therapist.