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Therapeutical Residence as a Mental Health Public Police - Sharing the implantation experience of São Paulo.

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Introduction

During the last 20 years we have seen in Brazil a changing process on the field of the mental health assistance. Reflex of the global changes in this area, the Brazilian Psychiatric Reform started as a Mental Health workers movement that grown in social and political importance, bringing legislative and normative discussions aiming the gradual extinction of the madhouses and the regulation of the mentally disturbed people rights.

In 2001 the law nº 10216 was approved and gave a different rhythm to the Psychiatric Reform in the country, emphasizing the offer of treatments on communitarian basis trying at the same time to align the public assistance to these premises.

Objectives

Our target is present how was the de deinstitutionalization process of these inmates that used to live in the psychiatric hospitals by the implantation of the THERAPEUTICAL RESIDENCIAL SERVICES (TRS) between 2004 and 2009 in the city of São Paulo. In this period 16 TRSs were implanted supported by the government. The houses received almost 130 people that came from long and unnecessarily psychiatric internments most of the times justified through the precariousness or inexistence of familiar bonds / support.

Report and Discussion

Describing the daily life of the TRSs and their articulation with the extra-hospital mental health assistance net, we will be able to delineate all the changes and possibilities offered through this device to the clinic and to the inhabitants dignity and citizenship rescue.

Conclusion

The obtained results will be quantified, contextualized on São Paulo's mental health assistance panorama to be presented.