

## **DYNAMIC OCCUPATIONAL THERAPY METHOD: THE PATHS OF ITS CONSTITUTION AND FUTURE RESEARCHS**

Tais Marcolino<sup>1</sup>, Jo Benetton<sup>1</sup>

<sup>1</sup>*Centro Universitario de Araraquara - UNIARA, Araraquara, Sao Paulo, Brazil,* <sup>2</sup>*Centro de Especialidades em Terapia Ocupacional - CETO, Sao Paulo, Sao Paulo, Brazil*

### Learning objectives

To present the process of theory of technique of the Brazilian Dynamic Occupational Therapy Method - MTOD, its main concepts and techniques;

To discuss research directions worried about the development of practice, specially centered on clinical reasoning of the occupational therapist, sustained on this treatment method.

The MTOD has been developed since the 70's and it is paradigmatically sustained by the Habits Training, proposed by Eleanor Slagle, guided by a health concept translated currently on the potential constructions for a new life world / quotidian. For this enterprise, the occupational therapist needs to act on the dynamic of the relationship between the therapist, the patient and the Activities - defined as the third element constitutive of this relationship, characterized for all things the therapist and the patient make together. The activity analysis is comprehended not previously but in the process of making meaning by the patient of his/her activities in life, sustained by the therapist on a positive transference. This analysis has its high elaboration on the associative paths, a technique that allowing the narration of the history constructed through this treatment process, in a very close way of what Cheryl Mattingly named the treatment story constructed by the therapeutic employment. The researches involving clinical reasoning sustained by MTOD have showed some different guidelines to understand the process of problem setting and problem solution in occupational therapy treatment compared with the research literature, setting out more narrative ways for the diagnostic and procedure reasoning, and claiming for a more visible professional identity and recognition, sustaining on this mode, when the occupational therapist is involved on a negotiation process of work team.

Length of time required: 1h30min

Description of teaching methods: The workshop will be presented on expositive way, using a datashow midia, to expose both the process of constitution of the MTOD, its main concepts and techniques, and the research process and results; and some case examples to highlighted some of these concepts.

Number of participants: unlimited.

Language for review: English.