

Health Promotion Advocacy and Strategies Throughout the Lifespan and Around the Globe

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Learning Objectives:

Objective 1 Describe occupational therapy and health promotion frameworks that support health promotion practice

Objective 2 Discuss the evidence base that supports occupational therapy health promotion initiatives

Objective 3 Identify strategies to develop and evaluate health promotion

programming across the lifespan and around the world

Teaching Methods Poster with discussion

The philosophical assumptions and theoretical principles of occupational therapy and the academic discipline of occupational science have, since their respective inceptions, addressed the link between engagement in occupation and the realization of health and well-being. The profession's continued interest in and commitment to this link are substantiated by the inclusion of "Health and Wellness" as one of six practice areas delineated in the American Occupational Therapy Associations' Centennial Vision . Many opportunities exist for occupational therapists to participate in the development and implementation of occupation-based health promotion initiatives that assist individuals, families, communities, and populations in achieving higher levels of health, well-being, and overall quality of life. The goals of this poster are to enhance practitioners' knowledge and skills for health promotion practice, and to engage participants in creative brainstorming and innovative planning to incorporate health promotion strategies in all practice areas and arenas.

The following topics will be covered in the poster: (a) health promotion models and frameworks for occupational therapy health promotion practice, (b) evidenced-based examples of theory linked occupation-based approaches to health and well-being across the life span, (c) governmental reports and documents from the World Health Organization and the World Federation of Occupational Therapists that provide data and strategies to support program development; and (d) program evaluation strategies.