

1648

EASY-DO: Taller de terapia con personas con trastornos mental en el Centro de Atención Psicosocial-CAPS II

Marisa da Silva Paim

Centro de Atención Psicosocial - CAPS II, secretario de salud municipal, Joinville/Santa Catarina, Brazil

INTRODUCTION

The movement of the Psychiatric Reform in Brazil indicates that it is possible to break the shelter model. The services substitute changes the scenario of care to the bearer of psychological distress, either in the devices of the assistance or in breach of paradigms that underpin the practice "psis" of exclusion. The main strategy have been CAPS - Psychosocial Care Centers. The Office Make-Easy is committed to the host of possibilities, experienced and practiced in the field of the here and now and has the purpose of receiving in the stories reported, the essences in the human context of the world and the collective.

OBJECTIVES:

The Make it Easy Workshop make it aims to give to the user a space in the construction of subjectivities, seeking a new political and ethical stance, allowing the encounter with its history, emphasizing the new, demystify the unknown where the emergence and expansion of consciousness reorganize a new way, resulting in what is then belonging to each but also of humanity.

DESCRIPTION / REPORT

The Make it Easy Workshop was born based on "how" of bags, rugs and pillows. Search to discuss in the group the empowerment of the user together with their families in the unfolding of "doing" where the user also becomes a facilitator.

RESULTS / DISCUSSION

The team of facilitators of the workshop Make it easy in the process is also found contaminated with the cultural roots already introjects of do by doing. It is then shown how the phenomenon was suppressed, leading to inflexibility in the context of substitute services. Currently was seen there is free access in the emerging of essences, which the do is merely vehicle to the construction of subjectivity.

CONCLUSION

This workshop is a place to host the user in CAPS-II, placing between parentheses the mental illness, allowing a space in the reconstruction of the being.

COTRIBUIÇÃO TO PRACTICE / OCCUPATIONAL THERAPY

This form of assistance is tied with the demystification of the disease, where the do by do not have more your place, enabling this way the try new paths.