

Descripción cualitativa de ocupaciones subjetivas a partir de 5 tipos de ocupaciones normativas. Qualitative description of subjective occupations obtained during an interview using 5 types of occupations.

Martine Brousseau

Université du Québec à Trois-Rivières, Trois-Rivières, Québec, Canada

Introduction : Questioning the elderly about their concerns is a fundamental element in the process of occupational therapy assessment of a person in the community.

Objectives: The aim of this paper is to present the qualitative description of subjective occupations subjective made by 60 people aged 60 and over from 5 types of normative occupations following a fracture and this, one month after returning at home.

Methods: A qualitative methodology was used while interviewing elderly using the Canadian Occupational Performance Measure. Comments with respect to occupations related to personal care, to maintenance of home, to daily chores, to the obligations of everyday life and to entertainment.

Results: The results point to the unique nature and individual occupations. Several examples are presented to show that aspect. In addition, the implications for working with geriatric clients are numerous, particularly the need to leave out the problematic occupations to better understand the challenges.

Conclusion: In conclusion, avoidance of pitfalls in the investigation of occupations while doing the interview is possible. For that, it is important to respect spontaneous naming of activities.

Contribution to the practice/evidence base of occupational therapy: Combining quantitative and qualitative methodologies while doing assessment in occupational therapy is an asset. It is recommended to avoid giving too much examples because it is greatly influencing results obtained.