

Necesidades ocupacionales en adolescentes con consumo problemático de drogas

ME RIVEROS, I MUÑOZ, AL VALDEBENITO
UNIVERSIDAD DE CHILE, SANTAIGO, Chile

Introduction: Occupational needs defined as the gap between one`s current occupational profile and the occupational goals a person can reach within life span. Place, understood as one`s position in society, put constraints over occupational choices. Teens and youth living in social urban alienation show an imbalance in their use of time, especially in the organization of routines. Sense of place, for teens and youth with problematic drug consumption is mostly experiential, associated particularly with dependence and survival. They built identity linked to the place where they live and persons related to them. Place, in the present study is seen as deeply entrenched in culture.

Goals:

1. Describe daily routine of adolescent and youth with problematic consumption of drugs.
2. Determine, together with the client, the existence of occupational needs.

Method:

Sample: teens from urban areas, low socioeconomical income, educational underachievement, social alienation, criminality, drug abuse. Currently in rehabilitation drug abuse programs.

Type of study: qualitative, descriptive and cross study.

Data Collection: semi-structured singles interviews

Instrument for Data Gathering: interviews guided by a check list. Issues defined after literature review. Daily routine; productive role; family relations; social relations; free time routine (social activities; individual activities; passive and active leisure activities; performance environments).

Data Analysis: constant comparative method

Findings and Discussion:

Organized around four topics:

- Difficulties to identify and carry out strategies enabling responsibilities according to life span, to achieve educational and productive goals adequately.
- Difficulties to identify occupational roles and assume role expectations.
- Lack of opportunities to join a functional social group.
- Difficulties to carry on leisure activities that provide satisfaction and positively impact their health and quality of life.

Occupational needs described:

- Need to be part of a group that strengths their identity
- Seek of company to avoid feeling lonely
- Seek of excitement that motivates them to have pleasure and fun.
- Opportunities to develop interests and abilities.

Contribution to Practice:

Findings highlighths issues should be included in practice:

- Occupation centered intervention
- Occupational performance
- Control over life using effective face up strategies
- Intervention includes: therapeutic use of self; use of occupations; educational process

Findings are being included in National Programs in drug abuse from CONACE.