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Cultural Applicability and Clinical Utility of the Spanish Version of The Canadian Occupational Performance Measure to the Puerto Rican Population

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A necessity exists in adapting culturally instruments of evaluation for the Puerto Rican population. The Canadian Occupational Performance Measure is a semi-structured interview developed to identify the problems in the occupational performance, the satisfaction of the performance in the areas of self-care, productivity and leisure. The purpose of this investigation was to exam the cultural applicability of the Spanish version of the COPM and its clinical utility through a panel of 15 occupational therapists in the areas of physical and mental health. The methodological design was used. The results suggest that the COPM possess content validity, clinical utility and facilitates the centralized practice within the client. Additional investigations are being recommended to obtain a version of the COPM applicable to the Puerto Rican culture.