

## Historia de la Terapia Ocupacional en Brasil: una terapia mestiza.

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### History of Occupational Therapy in Brazil.

**Introduction:** This research aims to provide a historical review of the therapeutic use of activity in Brazil: 1842 to 1957 with founding of the first course organized by WHO. Also discusses the influences of Europe and North America gave rise to the profession in Brazil. The difference is the use of primary sources in the research method: Daily psychiatrists XIX and XX century learned from psychiatric hospitals. This paper presents the contribution of Nise da Silveira, Brazilian psychiatrist, to create an occupational therapy "mestizo."

**Objectives:** To investigate the history of occupational therapy in Brazil. E therapeutic innovations in the use of the activity encountered in this country in the twentieth century by therapists as Nise da Silveira.

**Methods:** The methodology used is research in primary sources and documents on the history of occupational therapy in Brazil to help us reconstruct the story. Using the historical analysis of the results. Another method used was the reproduction of therapeutic techniques Nise da Silveira Laboratory Mental Health University Anchieta.

**Results:** The results indicate the discovery of new documents that link the history of occupational therapy in Brazil with the therapeutic use of activities in countries such as France, Germany, Belgium and United States in the nineteenth and twentieth centuries. With these multiple influences a Brazilian created a hybrid occupational therapy using the psychology of Jung, mythology, phenomenology and own therapy to treat mental patients. This research was able to successfully in reproduce therapy techniques Nise da Silveira in mental health.

**Conclusion:** This research gives the historical value of occupational therapy in Brazil and includes occupational therapy model developed by Nise da Silveira among the most original of the world.

**Contribution to the practice / evidence base of occupational therapy:** This work expose therapeutic practices developed during this period in Brazil and can be incorporated into the modern practice of occupational therapy in mental health.