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LA TERAPIA OCUPACIONAL CONOCIENDO LA VIDA COTIDIANA Y LOS PLANES PARA EL FUTURO DE LOS ADOLESCENTES DEL PROYECTO ADOLE-SER: Interfase de la actuación de un equipo de salud

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Project Adol-BE is to act in the prevention of specific problems of adolescence: early pregnancy, the abuse of licit and illicit, teaching aspects of normal adolescence, discussing topics of interest; cause confrontation between knowledge and reality brought by them experienced ; boost the perception of the uniqueness of each individual and their role in collective buildings. Are involved in this project of PSF professionals: doctors, nurses, community health agent and support staff: occupational therapist and physiotherapist, which promote interaction in the school environment, involving characteristics of care with health education, construction of proposed education in health. The aim is to show that the performance of the TO that seeks to know the daily life and future plans of adolescents from the 8th series of Adol-BE project. The study was conducted in the 1st half of 2008, with 90 students. The work of T.O. enabled the adolescent to know better, think of your daily affairs, planning and thinking about growing future goals. Half of the students is 14 years, (25) with 13, (15) with 15, (3) with 16 and (2) with 17. Of 88 live with their families. Most (82) is characterized by physical and behavioral and 8 by the things they like. The choice of who like to make is between physical activity, intellectual and leisure with a greater emphasis on the latter. The study reported that 41 show that to be someone in life, 26 to have a profession, 21 for a better future. The current plans for 65 students is studying, while plans for the future wanting to only 29 points have a profession. It was concluded that the project has helped link the PSF approach and the adolescents of the area, including being created an area of attention and support.