Children's and adolescents' Occupational Performance Evaluation Protocol /Protocolo de evaluación del desempeño ocupacional de niños y adolescentes

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Introduction: Analysing the performance at different areas of occupation, occupational therapists can value as subjects are performing their roles in life, what it is needed to improve their development and quality of life. In this sense the development of instruments of occupational healthy performance evaluation are very useful to practice framework.

Objectives: Development of children's and adolescents' occupational performance evaluation protocol (2 to 18 years), in the areas of ocupation: playful, activities of daily living-ADL, education, instrumental activities of daily living AIDL, social participation, leisure.

Methods: Literature's review to identify protocols used for evaluation of the areas of performance open to question and construction of protocol from the CIF-CY.

Results/discussions: The occupational performance evaluation protocol prepared allows it application to a caregiver. It can also be used as a guide for straight observation at contexts. For each area of occupation specific evaluaton items were developed: ADL = 67 items (bathing, dressing, toileting, eating, sleeping); playful = 28 items (participation in plays / games); education = 56 items (formal education habilities); AIDL = 43 items (caregiving, use equipments of communication, mobility in the community, security proceedings , housekeeping, cooking and cleaning); leisure and social participation = 24 items (leisure activities participation, communit participation). For each question there are 5 means to answers (5 structured alternatives: no difficulty, light difficulty, moderate difficulty, serious difficulty and complete difficulty: (the highest is the scor the lowest is the independece/autonomy in carrying out the ativity.)

Conclusion: The protocol demonstrated his viability, at straight observation as well on questionnaire answering by the subjects (adolescents) or caregivers (parents / teachers).

Contribution you it the practice: Contribution to the practice: the developed protocol allows an objective performance evaluation, allowing identification of important aspects on the decision making of the objectives for the intervention.