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Participatory Action Research for Promoting Life Skills Training Program in Drug Abuse Prevention of Students in Technical and Vocational College in Thailand : Case Study in Chiang Mai Province

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The purposes of research were to investigate in result of participatory action research for life skills training program in drug abuse prevention of students in Technical and Vocational College in Thailand: Case study in Chiang Mai Province. The participants of research were the researcher (Occupational Therapist), 10 teachers and 50 students.

The research was conducted in 5 steps. The first step was analysis of problem and its causes. The second step was planning of activities. The third step was implementation. The fourth step was evaluation of activities. The fifth step was evaluation of the implementation when the research project was complete. The instruments for this study were an informal interview from about participatory on research approach, a participation record form for participants involved in research approach and life skills training program in drug abuse prevention test. Data were analyzed by using Mean, Standard Deviation and descriptive statistics.

The results of this study revealed that after the target group went through the processes of this research, their posttest life skills training program in drug abuse prevention average scores were higher than those of the pretest. Moreover their behavior changed in a more life skills in drug abuse prevention way, The results also showed that participation of all members in problem solving of every steps could be encouraged. In addition all members paid attention through out the process of research.