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INTERVENCION DE TERAPIA OCUPACIONAL EN LA TERAPIA ASISTIDA POR ANIMALES Y GRANJA TERAPÉUTICA PARA PERSONAS CON DISCAPACIDAD

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INTRODUCTION

This presentation has as a goal to show our method of treatment, based in the work in contact with nature and farm animals for disabled people.

GOALS

-To show how in contact with nature disabled people have new experiences, they can manage in new roles and help with the development of them as human beings, beyond the grade or type of disability and the functional limitations they present.

- To show and share our therapeutic work, in order to contribute to the development of the Occupational Therapy practice.

DESCRIPTION

LIHUE QUIMLU, that in the Mapuche language means "Life Wisdom", is an institution where farm activities and therapy assisted by animals are performed.

The activities are carried out by an interdisciplinary team made up by occupational therapists, gym teachers, psycho-motorists, kinesiologists, psychologists and volunteers.

There you can work with the farmer (disabled person that is under treatment), in an individual way or with a group of people, stimulating aspects of the neuromotor, the language, the behavior, the emotional stability and harmony and the occupational performance development, in accordance with his/her interests and possibilities; allowing to have new experiences and to develop himself/herself as a human being and not as a patient.

The treatment includes therapy assisted by animals, where horses (equinotherapy, hypo-therapy, stable activities), sheep, goats, kids, llamas, cows, hens, and rabbits (feeding, yard activities) are used and other therapeutic activities such as trekking, games, garden and workshops are made.

RESULTS AND CONCLUSIONS

We observed that in disabled people that carry out this therapy favorable changes that can last in time are produced.

These changes are based on that the nature and the therapy assisted by animals are means that allow the farmer to have new experiences, to fulfill in new roles and to help to the development of himself/herself as a human being through the interest and the gratification.

CONTRIBUTION

It suggests a new field of action for the professional practice development of the Occupational Therapy, which involves thinking about new methods, strategies and intervention ways.