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SIM OT - Mental Health (Slovenian Integrative Model - Occupational Therapy - Mental Health) Jožica Petek, Msc, OT, Slovenia Leonida Krajnc, Bsc, OT, Slovenia Andreja Grom, BSC, OT, Slovenia

*Jožica Petek, Leonida Krajnc, Andreja Grom
university Psychiatric Hospital, Ljubljana, Slovenia*

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Jožica Petek, Msc, OT, PH Ljubljana, Slovenia

Leonida Krajnc, Bsc, OT, PH Maribor, Slovenia

Andreja Grom, BSC, OT, PH Ljubljana, Slovenia

The article describes **Slovenian Integrative Model (SIM) of Occupational Therapy (OT)** in the field of mental health that incorporates interventions of occupational therapists within PREVENTION, TREATMENT, and COMMUNITY CARE, with constant regard to the possibilities provided in current health care legislation.

The model includes DIFFERENT THEORETICAL MODELS AND APPROACHES that depend on clients and therapist alike, and accepts the newer philosophy of occupational therapy.

The more pronounced characteristics of the model are continuous two-way linkage of theory and practice, and the deliberate simplicity of its terminology.

The basic purpose of SIM OT in the field of mental health is spiral and constant involvement and interaction of all three mentioned working areas of occupational therapists, with the following goals:

- maintaining health and constructive/purposeful activity/involvement in individual living environment (**prevention**);
- preventing hospitalisation at the onset or relapse of an illness and providing outpatient services (occupational **therapy** - occupational therapist as a member of a mobile team);
- shortening of inpatient treatment in individuals that require institutional treatment (occupational **therapy** according to the process, maintaining patients' positive traits);
- restoration of quality and independence of activities in home environment and broader surroundings/community despite mental health disorder (**community care**), with the aim of preventing another hospitalisation (**prevention**).

In short we could say that the model is: client-oriented, comprehensive, process-supported, simple, binding, continuous, clear, open, systematic, and flexible. As with the already established models, we will try to make it also evidence- and data-based.