

EL PAPEL DE LA TERAPIA OCUPACIONAL EN LO PROGRAMA DE APERFECCIONAMIENTO MULTIPROFESIONAL EN HIPERTENSIÓN Y DIABETES MELLITUSGP DUARTE¹, EC ARANTES², LR UCHÔA-FIGUEIREDO³¹*Universidade de São Paulo - Departamento de Medicina Social, Ribeirão Preto, SP, Brazil,*²*Secretaria Municipal de Saúde, Ribeirão Preto, SP, Brazil,* ³*Centro Universitário Claretiano, Batatais, SP, Brazil*

Public Health is considered as the science and art of preventing disease, prolonging life and promoting the physical, mental, social through organized efforts of the community, the organization of doctors and paramedics for the early diagnosis and preventive treatment of disease. Purpose of the study is to present the functioning of the Multidisciplinary Program for Hypertension and Diabetes Mellitus and the work of Occupational Therapy (TO). We analyzed the historical data of the program, documentation of activities undertaken by aprimorandos over the years and the records. Currently, the program is coordinated by an endocrinologist, a nurse who works with the ten aprimorandos. One of the field of Occupational Therapy, 2 the area of Physical Education, 2 in the area of Nursing, 2 and 3 in the areas of psychology and nutrition under the supervision of their specific areas. The program has a duration of 12 months, without extension, with 40 hours weekly, and specific actions in each area. The activities proposed in the multidisciplinary and interdisciplinary are: Information about the group, leisure activities and actions with patients and health campaigns, meetings of study and discussion of cases, study of cases in the classroom, conferences and administrative meetings. The Occupational therapy has allowed patients to express themselves differently from the disease, the need to change working habits and lifestyles, through body awareness, social participation and leisure. Therefore, it is concluded that the importance of TO on the team of the program is to contribute to the patient's adherence to treatment and improve quality of life of participants.