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### **Satisfaction level with discharge support program for psychiatric patients**

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#### [Introduction]

Support for discharge of psychiatric inpatients is critical issue in Japan.

#### [Objective]

The purpose of this study is to consider satisfaction level of patients and their families and supporting staff with comprehensive discharge support program made by Japanese Association of Occupational Therapist (JAOT).

#### [Method]

Periodic care conference and goal setting conducted every second week by multi-disciplinary team (MD, Ns, OTR, PSW, CP), individual OT program focusing on occupational performance, psycho-education, study of social resource and family support program are included in discharge support program. In hospital, continuous support was coordinated by key worker. After being discharged from psychiatric hospital, home nursing visit, OT program for outpatient, short care program were applied as recurrence prevention program, and community services were applied as self-reliant program. Hospital key worker coordinated community services in close collaboration with community care manager. After the implementation of discharge support program, satisfaction survey was carried out to the subject, their family, and staff.

#### [Result]

This program was applied to 43 patients (40 schizophrenia and 3 mood disorder) at 20 psychiatric hospitals. The period of this study is  $106.7 \pm 30.9$  days, and 35 subjects (81%) were discharged from the hospital during this period. 65 percent of subjects evaluated this program as useful and 68 percent of them answered that they can have hope for their future. 83 percent of their families answered that they are satisfied with it, and 94 percent of them answered that they could deepen their understanding of their children. 56 percent of the supporting staff answered that they are satisfied with it, and 97 percent of them answered that the collaboration with multi-disciplinary team was useful also in the future.

#### [Conclusion]

High satisfaction level of the subjects, their families, and supporting staff with comprehensive discharge support program was confirmed by this study.

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