

LA VIDA COTIDIANA DE LOS CUIDADORES DE NIÑOS CON EPILEPSIA DE DIFÍCIL CONTROL ASOCIADO A ENCEFALOTAPÍA CRÓNICO NO EVOLUTIVO

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DAILY LIFE OF CAREGIVERS OF CHILDREN WITH EPILEPSY ASSOCIATED CONTROL OF DIFFICULT TO CHRONIC NON-EVOLVING ENCEFALOTAPÍA

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The news that a child is ill parents refers to a crisis, the family suffers from a clear evolution of the disease and its possible consequences. The mother often becomes the primary caregiver, helping to fill needs, presenting a deficit occupational life, but requires time, energy, physical and emotional suffering: loss, overload and compromising their quality of life. The aim of the research was to identify the changes that occur in everyday life of primary caregivers of children with a diagnosis of epilepsy is difficult to control. We evaluated 50 caregivers of children between 7 and 12 years of both genders, with diagnosis confirmed 5 years and were in that role for at least two years. The research was accepted by the Ethics Committee in Research of HCFMRP and was done in the Service of Children's Epilepsy same hospital. Used semi-structured interview was related to the disease, care and daily life. The data obtained from the second interview were analyzed Quantitative Interpretive System. The results showed that the act of care did produce changes in the life of the caretaker, characterized by decreased socializing, disturbed professional life and stress. Thus indicating an importance of a social support network for the caregiver and also identified in an interview overload hidden. Thus we conclude that the impact of the child's disease interferes directly in the daily lives and relationships of caregivers, as well as the quality of life, although that is structural and emotional resources to help minimize the adverse effects on the carers in this regard is highlighted the importance of a multiprofessional team, especially the professional and occupational therapist offering support to caregivers.